

TUSCANY SUN



Suburban Journals
PUBLISHING

make an impression

www.SuburbanJournals.ca

Tuscany Community Association

P.O. Box 27054 Tuscany RPO
Calgary, Alberta T3L 2Y1

President: Erin Chrusch president@tuscanyca.org
Vice President & SloPitch Coordinator: Tom McGovern
Past President: Erik McRitchie
Treasurer: Cara Davidson treasurer@tuscanyca.org
Secretary: Tally Nixon
Planning: Monika Furtado planning@tuscanyca.org
TYC Director: Karen Draper
TYC Director: Marci Carrell
Board Member at Large:..... Shirley Arbour
Board Member at Large:..... Paul Agustin

Elected Officials

Councillor:

Sonya Sharp
403-268-2430
ward01@calgary.ca

MLA:

Rajan Sawhney
403-297-7104
calgary.northwest@assembly.ab.ca

MP:

Pat Kelly, Calgary Rocky Ridge 403-282-7980
pat.kelly@parl.gc.ca

Tuscany Sun Newsletter

Editor & Article Submissions:

Allison Campbell news@tuscanyca.org

Associate Editor: Peter Clarke

Submission deadlines for this monthly publication are the 5th of the month, prior to the distribution month.

Advertising Sales:

Phil 403-660-7324 phil@suburbanjournals.ca

The ad booking deadline is the 14th of the month prior to the distribution month.

This publication is published 12 times a year by Suburban Journals Publishing and delivered to residents by Canada Post. This publication is also available for pickup from the Tuscany Club.

Please note: the information and opinions in this newsletter are subject to change, and do not necessarily represent the opinions of the publisher or editor. Content contained in this publication may not be reproduced without the written consent of Suburban Journals Publishing. The information herein is believed accurate but not warranted so. Any advertisements, home businesses, babysitters & nannies, or other parties listed in the Tuscany Sun should not be interpreted as recommendations or endorsements by the editor or the publisher.



Suburban Journals
PUBLISHING

make an impression

Suburban Journals publishes community newsletters for:

Bearspaw, Rocky Ridge / Royal Oak, Scenic Acres,
Silver Springs, Tuscany, Valley Ridge, Varsity

For the best return on your advertising dollar,
call Phil today at 403-660-7324
or email Phil@SuburbanJournals.ca

www.SuburbanJournals.ca

In Our Community

President's Message

At the time of this writing, we are experiencing a beautiful Fall. The leaves in Twelve Mile Coulee and the views toward the mountains are stunning as usual for this time of year. There have been amazing Auroras in the sky. I hope you were able to find time to just stop for a minute and appreciate some of the parks and open spaces in this place we are lucky enough to call home.

Each November, our family always takes time to pause and remember the sacrifices that are made daily by those who have chosen to serve our country. We honour those in our extended family who fought for Canada in wars abroad, including one who did not come home. I encourage you to take time to attend one of the many services around town on Remembrance Day. If you can't make it on Remembrance Day itself, take time to visit installations such as the Field of Crosses along Memorial Drive which will be up from November 1 – 11. It's a very meaningful experience that reminds us that we are part of a community - something bigger than ourselves. It also drives home just how young the people who served were/are. On behalf of the Tuscany Community Association, I want to thank those who have stood on guard for the rest of us. We appreciate your service.

As we head into the holiday season, I ask Tuscany residents to consider shopping local as much as possible. Businesses in the nearby communities of Bowness and Montgomery had a particularly challenging year due to construction associated with the repair of the Bearspaw South Feeder Main. Please visit www.calgary.ca/supportlocal to find out more about how you can support local businesses and services, not just during the holidays but year-round. There are often local fairs right here in Tuscany where you can buy from local vendors and artisans. Check them out if you can.

The Tuscany Community Association Board has been busy responding to concerns about changes to local bus routes that are impacting students that go to Bowness High School, as well as other situations in our community that relate to planning matters and safety. Please let us know if you feel that a situation in the neighbourhood could benefit from additional advocacy.

Erin Chrusch
President, Tuscany Community Association



École Tuscany School

Welcome to November!

We hope you had a wonderful Thanksgiving and were able to enjoy time with family and friends.

Our annual Halloween Howler Dance this year was a smashing success! The dance was held off-site to accommodate our entire student population. Thank you to everyone who came out to join in the fun and everyone who stepped up to volunteer and make this evening a wonderful night for the kids. Pumpkin Fest at the end of October was also a major triumph again this year. The kids (and maybe a few parents!) showed off their sweet carving skills. The kids had a great time displaying their pumpkins in the school field before taking them home for the big event on Halloween night.

In November, we commemorate Remembrance Day, both in the school and in our community. Students will do work in their classrooms to learn about this important day and will gather in assemblies to remember the sacrifices of the past and honour those who fought for our country. More information on these important assemblies will be shared closer to the date by your child's teacher.

School Council is asking for donations of winter jackets, snow pants, hats and mittens that are clean and in good condition for donation to Jacket Racket. Collection started mid-October and will run until November 21. Please place your donations in the marked bins inside the front entrance of the school or send them along with your child to school in the morning clearly labelled "Jacket Racket." We need a few volunteers to deliver donations to the new Jacket Racket Centre located in the Gym at Holy Redeemer School November 8 and 22 between 10:00am and 12:00pm. If you can help, please reach out to Danielle at tuscanycouncilvice@gmail.com.

Our upcoming FUNdraiser Treat day on Friday, November 1 (Kernels) is a super special one as it is also our school wide PJ day! The next Fun Lunch (Subway) for Grades 1-5, as well as Kinder Snack Day, is on Thursday, November 21. Please log into www.healthyhunger.ca (Grade 1-5 students) and submit your orders the Friday before to ensure your child can participate. Don't forget to wear your Spirit Wear! A big thank you to our fabulous volunteers who make these Fun Lunch and FUNdraiser Treat days possible. Volunteer sign up: <https://www.signupgenius.com/go/409094CA4AF2EA3FB6-tuscany3>

Tuscany School Council is pleased to announce that Kiss 'n Drop is back in full swing! If you need to use this service, please adhere to all protocols by remaining in your vehicle and allowing the volunteers to assist your child to exit your vehicle. Please ensure your child enters and exits your vehicle from the curb side of your car and not into the active traffic lane. If the Kiss 'n Drop area is full, please do not double park as this is an active loading/unloading zone. The Kiss 'n Drop team is always looking for volunteers to help. Volunteers get priority parking and each time you sign up for a shift you are automatically entered in a draw for your child's teacher to win a class party in December!!! The more entries you gain for your child's class the better chance they have to win the class party!!! If every family signed up for ONE shift, our entire sign-up genius would be filled for the whole school year!

The kiss n drop sign-up genius is now live and can be found here: <https://m.signupgenius.com/#/showSignUp/4090E4EAEA72AA1FA7-51383049-kiss> Please email tuscanykissndrop@gmail.com for further details.

Back by very popular demand this year, we will be having our 3rd annual Purdy's Chocolate Fundraiser! Purchase all your holiday sweets and help raise money for the school! Get your orders in before November 24! Further details will be forthcoming through council emails including order due date reminders and chocolate pick-up dates. For any questions, please reach out to Tuscanyfundraisingchair@gmail.com.

As we head into the cooler months, please remember to check the lost and found area frequently for any items that may have gone wandering. Items are marked with the date they are found and are donated to charitable organizations that provide for those in need, if they go unclaimed for more than one month.

Important dates in November include:

- PJ Day/Fundraiser Treat Day – November 1
- Professional Learning Day – no school. Friday, November 8
- Fall Break - No school. Monday, November 11 to Wednesday, November 13
- School resumes – Thursday, November 14
- Fun Lunch - November 21
- Parent Teacher Conferences - November 28 (evening) & 29 (morning)
- No Classes Friday, November 29

(continued page 7)

École Tuscany School (continued)

Our next School Council meeting will be held on Wednesday, November 20 in person at the school and online through teams. Please check our website at www.tuscany-school-council.ca for up-to-date info and follow us on social media: Facebook www.facebook.com/tuscany-school-council, Instagram @tuscany-school-council and X @TuscanyCouncil for reminders and photos of our adventures together. If you have any questions about becoming involved with the School Council or volunteering for a committee, please email tuscany-school-council-chair@gmail.com. You can also follow Tuscany School on X @Tuscany_cbe.

Tuscany Youth Council

The Tuscany Youth Council (TYC), for Tuscany youth in Grades 6-12, is currently meeting every other Wednesday, from 7:00 - 8:30pm at the Tuscany Club. Since September, meets have included a 'Back to TYC planning party,' 'Designing & Making Me Boards' and 'Collecting donations for the Humane Society & making Snuffle Mats.' Upcoming events planned by the youth include a fun Halloween night, painting the windows at Sobeys and collecting Christmas items for a local charity. If you are in Grades 6-12 and interested in finding out more please email: youth@tuscanyca.org.



Councillor Report

November brings important discussions at City Hall including budget deliberations where I'll continue to advocate for smart spending and prioritizing strong infrastructure. And as winter approaches, you can stay informed about the new Winter Maintenance Policy to ensure safe streets and prepare for the season's challenges.

Also, as we enter the holiday season, remember to support our local businesses, and help our neighbours with snow shovelling; these small acts of kindness can make a big difference!

Upcoming Budget Discussions

I understand the challenges Calgarians continue to face and am dedicated to reducing the financial burden on our community. With the City of Calgary's annual budget deliberations approaching, I will continue to focus on funding for essential services while working to avoid any tax increases.

Winter Maintenance Policy

In May 2024, Council adopted a new Winter Maintenance Policy (CP2024-06) to improve service delivery and ensure that Calgarians can travel safely and reliably throughout the winter months, whether by foot, bike, vehicle, or transit.

A key change includes a priority-based snow clearing system:

- Priority 1 Routes (major roads) cleared within 24 hours.
- Priority 2 Routes (secondary roads) within 36 hours.
- Priority 3 Routes (residential streets) within 36 hours to 7 days, depending on conditions.

As a reminder, residents are responsible for clearing snow and ice from sidewalks next to their property within 24 hours of snowfall. The policy also includes Snow Route Parking Bans, which may last up to 72 hours to support efficient snow removal. Stay informed on updates regarding parking bans and snow removal by visiting calgary.ca/snow or call 311. Stay safe and warm this winter!

Sonya Sharp, Councillor, Ward 1

In war, there are no unwounded soldiers.

– Jose Narosky

Get Immunized, Before Influenza Arrives

It happens every year: influenza arrives in Alberta. The good news is, influenza vaccine gets here first. All Albertans are encouraged to take advantage and get immunized before influenza arrives.

Caused by a virus that attacks the respiratory system, influenza can be a serious illness and is easily spread from person to person. Although some individuals (pregnant women, seniors, children, and individuals with underlying health conditions or compromised immune systems) are at greater risk for severe complications, without immunization this fall, even healthy Albertans are without protection against this illness.

Each year, influenza vaccine is developed to protect us against the strains of virus likely to circulate in our community. When you get immunized, your immune system is prompted to respond and produce antibodies that will arm you against the influenza viruses if – and more likely, when – you are exposed to them again, throughout the season.

Without immunization, your body will not have the opportunity to build its immunity – or armour – against influenza, before being exposed.

Alberta's annual influenza immunization program offers influenza vaccine, free of charge, to all Albertans six months of age and older. Be it through dozens of drop-in Alberta Health Services' influenza immunization clinics or through your local pharmacist or physician, this season, get protected, not infected.

For more info, including local clinic schedules, visit www.albertahealthservices.ca/influenza, or call Health Link Alberta at 1-866-408-5465.

Alberta Health Services



Protect Your Pipes

The holidays are a time for food, family and fun. The aromas of gravy, turkey and bacon may come to mind.

It's important to remember that any fats, oils and grease (FOG) that travels down the drain, can block your pipes and may result in messy and costly sewage backups.

Remember to:

- Cool it: in a disposable can or container.
- Scrape it: into a certified, compostable bag or paper bag.
- Compost it: place the rolled up or tied up bag in your green cart.

Smaller amounts of FOG can be wiped with a paper towel and placed in your green cart. Learn more at calgary.ca/protectyourpipes.

City of Calgary

Facts About Remembrance Day

- Remembrance Day used to be known as 'Armistice Day'. This day observed the moment at the 11th hour, on the eleventh day, during the 11th month in 1918 that the armistice agreement ended the First World War
- In 1954, the United States renamed Armistice Day to Veteran's Day.
- The poet for 'In Flanders Field' was Lieutenant Colonel John McCrae. He was born in Guelph, Ontario and was a Canadian army doctor.
- 54 Commonwealth members and even others who are not members, such as France, Poland and Belgium, observe Remembrance Day.
- Did you know there is a poppy store on the official Legion website? You can find a variety of ways to show your remembrance during November, and year round. What a great way, as well, to support our brave Veterans.

Larynda McKay

Yielding to Emergency Vehicles

For everyone's safety, it is important for motorists to understand how to correctly yield right-of-way to emergency vehicles with their lights & sirens activated. You can help EMS, police & fire get to the scene quickly & safely by following these rules of the road.

When an emergency vehicle approaches with lights and siren activated:

- If you're in the middle of an intersection when an emergency vehicle approaches with lights and siren activated, safely clear the intersection;
- On a one or two lane road, motorists should move to the right side of the road, slow down, and then stop, remaining parallel with the road. Remember to signal;
- Move right or left to the nearest curb on one-way streets;
- On a road with three or more lanes, motorists should move to the nearest side of the road and stop. If driving in the centre lane, move to the right side of the road and stop. Remember to signal;
- Come to a complete stop and wait for the emergency vehicle to pass. Shoulder check for more emergency vehicles before re-entering traffic flow. Remember to signal;
- Emergency vehicles might use any available road space to maneuver. This could include shoulders or turning lanes, etc., in order to safely pass other traffic.

When operating a vehicle:

- Reduce speed to 60 km/h or the posted speed, whichever is lower, when passing any stopped roadside vehicle with flashing lights activated (emergency vehicles, tow trucks, maintenance trucks, etc.). This law applies to the lane immediately next to the stopped vehicles. If you're not in the lane next to the stopped vehicles, it's recommended to reduce speed and leave lots of space between yourself and emergency personnel.
- Do not break the rules of the road in order to give right of way to an emergency vehicle. This could include



proceeding through a red light, or making an illegal turn. Actions such as these jeopardize all motorists in the area;

- Drivers must place their full attention on the roadway and toward the safe operation of their vehicle at all times. The fine for distracted driving in Alberta is \$300.00 and three demerit points;
- Do not drive within 150 meters of an emergency vehicle with its siren and/or flashing lights on. For reference, 150 m is nearly 1.5 times the length of a football field.

Alberta Health Services

 TUSCANY
COMMUNITY COALITION

Come together with your
Tuscany neighbours for
the annual decorating of

The Wishing Tree

November 16
2:00 - 4:00 pm

crafts ~ decorating ~ treats

make a wish and
hang it on the tree!

Everyone welcome!

Calgary Snowy Owls

Driving by a field of prairie grass, you pass a large white bird sitting on a fencepost. If it weren't on the post, it would be easy to miss against the snow. It swivels its head back over a shoulder, 270 degrees, and stares with yellow eyes. This is not a bird you usually see. What is it doing here?

Winter migration is often associated with birds leaving the Calgary area to overwinter in warmer southern habitats. But what is warmer is relative, and if you are a northern bird species, like the Snowy owl, warmer might just be Calgary!

Snowy owls spend their spring and summer months in the Arctic Tundra, where they work as a pair to rear chicks. The female has increased spots and bars in her feathering for camouflage while she incubates the eggs in a ground-nest (called a scrape). The male is distinctly whiter and weighs less than the female (a common trend in raptors). He helps his mate by bringing her food (often lemmings). They work together to feed the chicks. By the end of the summer their focus becomes gaining enough weight and energy to migrate south.

Snowy owls arrive as early as October near Calgary but can be in and around our city from November to March or April. During this time, they hunt a variety of prey including small mammals and birds.

Snowy owls are diurnal, meaning they are most active during the day. This makes sense given that a summer day within the Arctic circle can be a full twenty-four hours.

Snowy owls are the heaviest owls in North America, weighing on average about four pounds. This is because they require extra layers of feathers and fat stores to survive the lower temperatures.

Owls arrive at our centre for a variety of reasons, some of which include vehicle collisions (often while chasing prey across a road), flying into barbed-wire fencing, encounters with off-leash pets, or the ingestion poisoned prey. Use of rodenticide often impacts animals beyond the targeted species. Please consider ecosystem-friendly alternatives and reduce dangers for a hungry owl!

Found injured or orphaned wildlife? Please contact Calgary Wildlife at 403-214-1312.

Calgary Wildlife



Neighbours helping neighbours Snow Angels

Snow Angels are individuals who lend a helping hand by shovelling a neighbour's sidewalk. A Snow Angel can be especially helpful to older adults, people with limited mobility and anyone else needing help—even on a temporary basis.

Each year The City helps residents recognize Snow Angels through a printed certificate.

Be a Snow Angel

To be a Snow Angel, all you have to do is adopt a sidewalk and keep it clear when it snows. Watch for people in your neighbourhood who could use help removing snow and lend them a hand.

For more information, visit <https://www.calgary.ca/volunteer/snow-angels.html>

City of Calgary





The Tuscany Club is operated by the Tuscany Residents Association (TRA) as a private recreation facility for the exclusive use of its members.

212 Tuscany Way NW, Calgary, AB T3L 2J6
Phone: 403-241-6402

Email: customerservice@tuscanyclub.ca

Website: www.tuscany-connect.com

www.facebook.com/yyctuscanyclub/

www.instagram.com/tuscanyclub/

Regular Hours of Operation

Current Park and Facility Hours:

Everyday 9 a.m. to 10 p.m. daily

Access to the Tuscany Club

Are you new to Tuscany or have moved within the community?

- Register your home with the Tuscany Club to be eligible for TRA benefits (i.e., access to the park, participating in programs and events) by bringing in your land title certificate.
- Moving within Tuscany? Bring in your new land title and resident information to be added to your new address.
- If you are a renter, please have the homeowner complete a transfer of privileges form to obtain Tuscany Club privileges.
- Add your children to your account so they can enjoy our great programs.
- Update your email address to stay informed about Tuscany Club happenings.

Tuscany Club Features

- Gymnasium
- Fitness and dance studio
- Outdoor basketball court & inline skating space
- Banquet and meeting rooms
- Permanent skate park
- Winter outdoor hockey rink and skating oval (closed for the season)
- Summer splash park (closed for the season)
- Playground
- 2 outdoor tennis/4 outdoor pickleball courts (by reservation)
- Outdoor volleyball court
- KinderCare/Out of School Care (currently full with closed waitlist)

Rent Rooms at the Tuscany Club

Why not host your next event at the Tuscany Club? All rentals include tables and chairs. We have a variety of spaces to choose from including our banquet rooms with kitchen and BBQ access (perfect for weddings, family gatherings and meetings), studios (perfect for birthday parties and sports team gatherings) and specific weekend gym times. Email rentals@tuscanyclub.ca for information on spaces to fit your needs. Available exclusively to TRA members for private events.

Sponsorship Opportunities

Did you know that the Tuscany Club hosts 12+ events per year including our Stampede Breakfast, several children's events and an annual clean up? It is a great opportunity to promote your business and engage with our Community. For more information and to view our 2023/24 Sponsorship Guide visit www.tuscany-connect.com.

November Updates

Seasonal Outdoor Amenities Closure

Our outdoor tennis, pickleball and volleyball courts are now closed for the season. Our skate park will remain open until the first snowfall. We do not remove snow from this amenity, therefore, please call to check before coming once the snow has arrived.

Outdoor Rink Opening Information

When the daytime temperature is -5° Celsius and the night time temperature is -10° Celsius and holds steady for at least one week, we will begin the ice making process. Please visit www.tuscany-connect.com, Facebook and Instagram for regular updates.

Fall Program Guide

Our Fall 2 programs run from November 2 to December 19 and registration is open and ongoing. Join us for youth tennis, adult sports & fitness programs, cardio tennis, sportball, dance & theatre, art, basketball and more. Programs are always pro-rated for late registration so it is never too late to register if space permits. Guide is available online!

Youth Safety Courses

*Stay Safe/Home on Your Own (ages 9-13)

Saturday, November 16 9:30am-2:30pm

*Babysitter Training (ages 11+)

Sunday, November 17 9:30am-4:30pm

Little Art Gallery-Awesome Art Submissions

WHAT: paintings, drawings, sculpture and multimedia art (art must be freestanding) maximum 5"x5"x5".

WHEN: ongoing until October 31 (we will accept pieces on a first come first serve basis until capacity is reached and then rotate through additional pieces if necessary). We encourage all artists to include contact information with their submission and any selling of pieces would be done privately. If you are interested in displaying a piece of your art work or for more information, please email: recreation@tuscanyclub.ca

Sweet Child

Schedule & Registration Available Online

This is an introduction to rock music for young children. We focus on early music skills using a variety of instruments. Each hour includes fun games, music activities and more.

Winter Program Guide

Monday, November 25 @ 9:00am online

Registration opens Friday, November 29 @ 9:00am

Holiday Light Up

Friday, November 15, 4:00pm-7:00pm

Come join us for some outdoor fun as we light up the Tuscany Club. There will be games, food trucks, skating and family fun (weather permitting). All attendees will be given a ticket for a chance to be the one to "flip the switch" at 5pm. This event is free to attend for all Tuscany residents and their guests.

Holiday Market

Saturday, December 7, 10:00am-3:00pm

Join us for our Holiday Market (40 vendors) and take in Holiday Hoopla all on the same day. Photos with Santa, crafts, baking and more! Registration for the Bake Sale opens Monday, October 7 at 9:00am for members (\$45/table) and after Monday, November 4 for non-members (\$55/table). All registrations are done in person at the Club.