

TUSCANY SUN



**Happy
Halloween!**



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Tuscany Community Association

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Submission deadlines for this monthly publication are the 5th of the month, prior to the distribution month.

Advertising Sales:

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The ad booking deadline is the 14th of the month prior to the distribution month.

This publication is published 12 times a year by Suburban Journals Publishing and delivered to residents by Canada Post. This publication is also available for pickup from the Tuscany Club.

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In Our Community

President's Message

As someone who loves reading, and who has reddish hair and freckles, this time of year always has me thinking about Anne Shirley's quote "I'm so glad I live in a world where there are Octobers".

The cooler air, the colour of the leaves down in Twelve Mile Coulee, the excitement of Halloween. Routines have been established and we try to take advantage of as much as we can until the snow comes, which in Calgary could always be tomorrow.

Many of you may have noticed the absence of the Harvest Festival this past September. After ten years, it was time for a bit of a reset. If you are interested in being the Harvest Festival Coordinator, please contact president@tuscanyca.org or contact us through our website. We are looking forward to a great return in 2025.

This Fall, the TCA will be reviving our communications efforts to let you know more about things that are happening that can impact our neighborhood. We intend to have more information about planning and traffic issues available to ensure proper community engagement.

*Erin Chrusch
President, Tuscany Community Association*

Protect Your Pipes

The holidays are a time for food, family and fun. The aromas of gravy, turkey and bacon may come to mind.

It's important to remember that any fats, oils and grease (FOG) that travels down the drain, can block your pipes and may result in messy and costly sewage backups.

Remember to:

- Cool it: in a disposable can or container.
- Scrape it: into a certified, compostable bag or paper bag.
- Compost it: place the rolled up or tied up bag in your green cart.

Smaller amounts of FOG can be wiped with a paper towel and placed in your green cart. Learn more at calgary.ca/protectyourpipes.

City of Calgary

École Tuscany School

October 2024

Hello to our families in Tuscany, Rockland Park, Crimson Ridge, Rocky Ridge and Royal Oak. The leaves are starting to turn and there is that familiar chill to the morning air; fall is here and with it a lot of our favourite things!

Thanks to the School Council for the giant welcome lawn sign on the first day of school and the welcome back coffee for parents. The Teacher Appreciation Committee was busy welcoming our fabulous teachers back to school and we can't wait to see what they have in store for the teachers in the coming months.

We kick-started our school's first fundraiser this year with the very popular and scrumptiously delicious apple (and PEAR) fundraiser - perfect for fall snacks, pies and yummy candy apples! It was a tremendous success again this year; thank you to everyone who supported our students. Apple pick-up will be Wednesday, October 2. Please watch your email for the specific pick-up time and location. If you cannot pick up your apples during the specified date and time, please email our fundraising team at tuscanyfundraisingchair@gmail.com. Any apples not picked up will be donated to the Calgary Food Bank.

Our amazing School Council is looking for a few enthusiastic people to join us. We have several exciting committees open including our amazing Social/Events Committee. These committees can be run by a single parent or a group of parents. Without the support of our parenting community, we cannot continue to host spectacular events like our annual Halloween dance party. If you are interested in this or any other positions on council, please reach out to Mariana at tuscanycouncilchair@gmail.com.

Our Fun Lunch and Kinder Snack Days are also starting in October. We kick off this year with our first FUNdraiser Treat Day on October 11 (Out of Chaos) and our first Fun Lunch (Papa John's) - (Grades 1-5) and Kinder Snack Day on Thursday, October 17. Please log into www.healthyhunger.ca (Grade 1-5 students) to create an account if you haven't already and submit your orders by the Friday before to ensure your child can participate. Don't forget to wear your spirit wear! A big thank you to our fabulous volunteers who make these Fun Lunch and FUNdraiser Treat days possible for our kids.

Important dates in October include:

- Apple fundraiser pick-up at the school – Oct 2
- Student photo days – Oct 2/3
- Thanksgiving, October 14 – No school
- Non-instructional day, October 25 – No School
- Annual Pumpkin Patch Festival – End of October

Our next council meeting of the 2024-25 school year will be Wednesday, October 16, at 6:30pm at the school and online. We look forward to seeing everyone in person! Please check out our website at www.tuscanycouncil.ca for up-to-date info, and follow us on social media: Facebook www.facebook.com/tuscanycouncil, Instagram [@tuscanycouncil](https://www.instagram.com/tuscanycouncil) and X [@TuscanyCouncil](https://twitter.com/TuscanyCouncil) for reminders and photos of our adventures together. If you have any questions about becoming involved with the School Council or volunteering for a committee, please email tuscanycouncilchair@gmail.com.

You can also follow Tuscany school on X [@Tuscany_cbe](https://twitter.com/Tuscany_cbe). Wishing everyone a Happy Thanksgiving and a safe and wonderful Halloween!

Sudoku Corner

The objective is to fill a 9x9 grid so that each column, each row, and each of the nine 3x3 boxes contains the digits 1 – 9 only one time each.

8	3		6		9			
	7		2	1			3	8
		6					9	5
	2							6
	8			9			4	
1							5	
4	1					5		
3	9			8	2		6	
			3		1		7	2

Answer on Page 11

Tuscany Scouts

We're thrilled to share that the 243 Tuscany Scouts Group fall program has kicked off with great enthusiasm and success! Our sections have welcomed new youth and scouters through a meaningful "Investiture" ceremony. Here's a glimpse of the amazing adventures our youth have been experiencing:

- Beavers (Ages 5-7): Embraced the crisp fall air with a community night hike.
- Cubs (Ages 8-10): Mastered the art of creating woggle knots using paracord.
- Scouts (Ages 11-14): Got a head start on planning their October camp.
- Venturers (Ages 15-17): Contributed to the Tuscany clean-up and went bouldering in Kananaskis.

Our program is designed to nurture essential skills such as independence, leadership and communication, alongside scout crafts, knots, hiking, camping, climbing and winter skills. One of the ways our youth fund these adventures is through bottle drives. We will be out in the community again this October! If you happen to miss us, don't hesitate to reach out via Facebook or email us directly at 243scoutsgc@gmail.com to arrange

a pickup. A huge thank you to the Tuscany community for consistently helping to support the local youth's adventures! Your generosity makes a significant difference in their development and experiences.

We are excited to report that registration for the 2025 calendar year was a success, with our Beaver and Cub sections now full! However, we still have youth on our waitlist. Keep an eye on our Facebook page for updates on potential openings. If you're interested in joining and didn't secure a spot, please add your name to the waitlist so we can track interest.

Our ability to accommodate more youth is directly linked to the number of adult volunteers (scouters) available. If you're curious about what being a scouter and want to get involved, please email 243scoutsgc@gmail.com for more information. Please also reach out if you have skills in administration, are crafty, have a special skill you think would be helpful or are interested in helping with event planning. We welcome anyone in the community to join our passionate team to enable great adventures for our local youth.

Tips for Using Your Green Cart This Fall

- Yard waste like leaves, branches, grass, and plants can go directly inside the green cart.
- Always fill your green cart first, then fill paper yard waste bags. Roll tops of bags closed to prevent spills and allow your collector to pick up the bags.
- Place extra yard waste bags at least two feet to the side of your green cart for collection. Make sure you can lift the bag with one hand.
- Do not use plastic bags in your green cart.

Starting in November, the City will pick up your green cart once every other week. Weekly green cart collection will resume in the spring.

Visit calgary.ca/collection to check your schedule and sign up for reminders.

City of Calgary



DID YOU KNOW??

The cornucopia, also known as the horn of plenty, represents abundance and nourishment.



Councillor Report

Hello, Ward 1! As we move into the heart of autumn, I want to extend my warmest wishes to you and your families for a joyful Thanksgiving. And as Halloween approaches, I hope you're as excited as I am to see our neighbourhoods light up with festive decorations and trick-or-treaters. Let's make this month safe, fun, and memorable for everyone!

YardSmart Tips for Fall

With the leaves turning and temperatures dropping, now is the perfect time to prepare your yards and gardens for the winter months ahead. Consider composting fallen leaves to enrich your garden soil, and plant spring bulbs before the ground freezes. A reminder that green cart collections are weekly from April to October and every two weeks from November to March. You can find out more information on being YardSmart at calgary.ca/YardSmart.

Winter Preparation

Even though winter may still feel a little way off, it's never too early to start preparing for the colder months. Now is a great time to ensure your home and vehicles are ready for winter. Check your home's insulation, seal any drafts, and prepare your snow removal equipment. It's also a good idea to put together an emergency kit for your car, including blankets, a shovel, and some non-perishable snacks. For more information on winter preparedness, visit calgary.ca/emergencies/winter-storm.

2024 Budget deliberations

Last year, many of you shared your thoughts and priorities regarding the City's budget, and I want to thank you for your valuable input. As we look ahead to the upcoming budget discussions, I'll continue to voice your concerns and be an advocate for affordability, smart spending, and focusing on essential services like clean water, waste management, and road maintenance. It's about getting back to basics to ensure we deliver the core services that matter most to our communities.

Sonya Sharp, Councillor, Ward 1



Halloween Safety

As a member of Calgary's Child Magazine *Partners for Safety* initiative, AHS EMS would like to remind parents and trick-or-treaters of Halloween safety tips as October 31st approaches. *Partners for Safety* vehicles will be out patrolling communities on Halloween night to provide a visible safety resource for parents and trick-or-treaters. This year marks the campaign's 30th anniversary.

Trick-or-Treaters

- Remember: all regular pedestrian rules still apply. Be sure to cross the road at marked crosswalks, or well-lit corners only. It is safest to work your way up one side of the street, and then cross once to the other side.
- You may choose to avoid houses that are not well lit. Do not accept rides from strangers or enter any home you feel is unsafe.
- Let your parents know where you are going to be (route) and advise them if you will be late returning.

Parents

- Be certain that an adult accompanies young trick-or-treaters. Older children should stay in groups.
- Pre-determine boundaries to trick-or-treat within and establish a time to return home.
- Advise children not to eat anything until they return home. Dispose of any items that have been tampered with, or that are not properly wrapped.

Costumes

- Choose bright colored costumes that are highly visible. Adding reflective tape to costumes further increases visibility.
- Consider sending your children with a flashlight for additional safety and increased visibility.
- When purchasing, or making costumes, look for materials and accessories labeled flame-resistant.
- All costume accessories, such as sticks, rods, or wands, should be soft and flexible, with no sharp edges.
- Consider using hypoallergenic make-up kits instead of masks that may impair breathing, or vision.
- Be sure costumes are loose enough to be worn over warm clothing, but not so long that they become a tripping hazard. Costumes should not be longer than your child's ankles.
- Ensure your child is wearing adequate footwear that takes into consideration weather conditions and walking.

Alberta Health Services

Eric Harvie School Parent Council

Welcome to the fall season! The days are getting shorter, and a familiar chill has entered the air. We are excited to head into October after a very successful first month of school. Students and teachers have learned their routines and are settled into their respective classrooms. EHS Parent Council is looking forward to another fun filled year of learning at our school.

We would like to take this opportunity to welcome all new members to the EHS Parent Council. Please join us at our next meeting on Wednesday, October 16 at 6:30pm. You can be there in person at the school or join us online. EVERYONE IS WELCOME! You do not need to hold a position on the Parent Council to attend meetings. We would love to hear your suggestions and ideas for our school. Help us make the best decisions on how to spend the funds that are raised through our fundraisers, some of which include: the casino, fun snacks and lunches, plant sales, etc.

Council meetings are an important way to stay connected with your school, share what's important to your family and help us brainstorm ideas and activities for events for the school. All caregivers with children who attend the school are welcome. Please reach out to fellow families, especially the new kindergarten families, and encourage them to attend. We love the open conversations between parents and school administration that happen at these meetings.

Terry Fox Run

We joined TMC for the Terry Fox run this year. Thank you to all the teachers and parent volunteers who made this event possible. It is always so much fun for the students to share in a joint event with another school. It was great to see siblings and friends of all ages running and walking together for a great cause! Congratulations to every person who participated. A lot of money was raised and will be donated towards funding cancer research.

Fun Snack and Lunch starts this month.

Each month we have a Fun Snack and a Fun Lunch at our school. These are completely optional, and up to your family's discretion if you wish to participate. We do our best to coordinate these dates with other schools to support families who have students at multiple schools within our community. This program is run through

a very easy-to-use website, <https://HealthyHunger.ca>. Our Parent Council receives a portion of all money spent and we use this to provide extra support for students. In the past this has included: purchasing online reading programs, bringing in experts like dieticians or psychologists for parent information nights, subsidizing bus costs for field trips, funding extra art and sports programs.

There will be opportunities for parent volunteers to help sort and hand out the food, no prior experience needed! Please look for emails from Mr. Strand or the EHS Parent Council for volunteer opportunities. You must have police clearance to volunteer; please see the school front office to ensure you have this.

Important Dates to Remember in October

- Monday, October 14 - Thanksgiving, no school
- Wednesday, October 16 - Parent Council meeting at 6:30pm
- Friday, October 25 - Non-Instructional day (no school for students)

Wishing everyone a Safe and Happy Halloween!

Sudoku Corner Solution

8	3	1	6	5	9	7	2	4
9	7	5	2	1	4	6	3	8
2	4	6	8	7	3	1	9	5
7	2	9	4	3	5	8	1	6
5	8	3	1	9	6	2	4	7
1	6	4	7	2	8	3	5	9
4	1	2	9	6	7	5	8	3
3	9	7	5	8	2	4	6	1
6	5	8	3	4	1	9	7	2

DID YOU KNOW??

Sugar rationing during World War II paused trick-or-treating



Stay Safe for Tricks and Treats this Halloween

Costumes, treats and scares are in store for Halloween this year, but here are a few simple tips to keep young ones safe during the festivities.

Costumes

- Wear costumes and footwear that fit properly to reduce tripping and the risk of injury.
- Dress for the weather. Wear layers and appropriate clothing, such as boots and jackets, to keep your child warm and dry in all weather conditions.
- Add reflective tape to costumes and treat bags to keep your child visible in the dark.
- Choose flame-resistant costumes, beards and wigs.
- Choose face paint or makeup instead of a mask that can interfere with vision.
- Children wearing a mask or a head piece must ensure they can see clearly from the front and both sides, and that it doesn't interfere with breathing.
- Never allow your child to carry a sharp or dangerous costume prop, such as a knife or sword.

Trick-or-treating

- Children should trick-or-treat in groups and should never trick-or-treat alone.
- Accompany your child until you feel comfortable they are old enough to go without adult supervision. Know where your children are trick-or-treating if they are old enough to go unaccompanied.
- Remind children to adhere to the same safe road rules when trick-or-treating as they do any other night. Remember these road safety tips:
 - Always walk on the sidewalk.
 - Only cross the street at crosswalks or street corners.
 - Look left and right for oncoming traffic.
 - Make eye contact with the driver before crossing the street.
- Teach your child to trick-or-treat in well-lit areas, and to only visit homes that have their outside lights turned on.
- When giving out treats, remember to leave your porch light on.
- Pack a flashlight in your child's trick-or-treat bag.
- Remind your child never to go inside a stranger's home or car.
- Check all the goodies before your child digs into their treat bag.
- Check ingredient lists on labels to avoid allergens.
- Throw out all candy that has a loose, broken or open wrapper.



- Throw out homemade candy or baked goods made by people you don't know.
- Wash all fruit and cut it into pieces to check before eating.

Limit sugar

- Chocolate and candy are high in sugar. The more times a day children eat it, the greater the risk of tooth decay.
- When eating chocolate or candy, do so after mealtime. The extra saliva produced at mealtimes helps provide some protection to teeth.
- Brush and floss with extra care and attention after eating chocolate or candy.

Pumpkin carving

- Make sure an adult oversees all pumpkin carving activities. Never leave your child unsupervised.
- Have an adult light any candles used inside of pumpkins or use battery-operated lights instead. Keep matches and lighters away from children.
- Don't allow children to play near pumpkins with candles burning.
- Keep lit pumpkins out of the way of trick-or-treaters and fire hazards, such as bushes or trees.
- Supervise pumpkins when lit, and make sure to put out any candles before turning in for the night.

Around the neighborhood

- If you must drive Halloween night, drive slowly, especially in residential areas. Be on the lookout for trick-or-treaters.
- Remove hazards in your yard, such as hoses and yard tools, and make sure you have a clear, well-lit walkway for trick-or-treaters.

Alberta Health Services




The Tuscany Club is operated by the Tuscany Residents Association (TRA) as a private recreation facility for the exclusive use of its members.

212 Tuscany Way NW, Calgary, AB T3L 2J6
Phone: 403-241-6402

Email: customerservice@tuscanyclub.ca

Website: www.tuscany-connect.com

 www.facebook.com/yyctuscanyclub/

 www.instagram.com/tuscanyclub/

Regular Hours of Operation

Current Park and Facility Hours:

Everyday 9 a.m. to 10 p.m. daily

Access to the Tuscany Club

Are you new to Tuscany or have moved within the community?

- Register your home with the Tuscany Club to be eligible for TRA benefits (i.e., access to the park, participating in programs and events) by bringing in your land title certificate.
- Moving within Tuscany? Bring in your new land title and resident information to be added to your new address.
- If you are a renter, please have the homeowner complete a transfer of privileges form to obtain Tuscany Club privileges.
- Add your children to your account so they can enjoy our great programs.
- Update your email address to stay informed about Tuscany Club happenings.

Tuscany Club Features

- Gymnasium
- Fitness and dance studio
- Outdoor basketball court & inline skating space
- Banquet and meeting rooms
- Permanent skate park
- Winter outdoor hockey rink and skating oval (closed for the season)
- Summer splash park
- Playground
- 2 outdoor tennis/4 outdoor pickleball courts (by reservation)
- Outdoor volleyball court
- KinderCare/Out of School Care (currently full with closed waitlist)

Rent Rooms at the Tuscany Club

Why not host your next event at the Tuscany Club? All rentals include tables and chairs. We have a variety of spaces to choose from including our banquet rooms with kitchen and BBQ access (perfect for weddings, family gatherings and meetings), studios (perfect for birthday parties and sports team gatherings) and specific weekend gym times. Email rentals@tuscanyclub.ca for information on spaces to fit your needs. Available exclusively to TRA members for private events.

Sponsorship Opportunities

Did you know that the Tuscany Club hosts 12+ events per year including our Stampede Breakfast, several children's events and an annual clean up? It is a great opportunity to promote your business and engage with our Community. For more information and to view our 2023/24 Sponsorship Guide visit www.tuscany-connect.com.

October Updates

Seasonal Outdoor Amenities Closure

Our tennis courts & outdoor volleyball court will remain open until October 31 weather permitting. Our skate park will remain open as long as it is safe to do so. Please watch our Instagram/Facebook pages and website for outdoor amenities closure dates, as they come available.

Fall Program Guide

Schedule & Registration Available Online

Our Fall program guide is open and ongoing. Programs will begin the week of September 9 and run until December 19. Join us for youth & adult tennis, adult sports & fitness programs, Sportball, dance & theatre, art, basketball, martial arts and more. Programs are always pro-rated for late registration so it is never too late to register if space permits. Guide is available online!

Youth Safety Courses

*Stay Safe/Home on Your Own (ages 9-13)

Saturday, November 16 9:30am-2:30pm

*Babysitter Training (ages 11+)

Sunday, November 17 9:30am-4:30pm

Little Art Gallery-Awesome Art Submissions

WHAT: paintings, drawings, sculpture and multimedia art (art must be freestanding) maximum 5"x5"x5".

WHEN: ongoing until October 31 (we will accept pieces on a first come first serve basis until capacity is reached and then rotate through additional pieces if necessary). We encourage all artists to include contact information with their submission and any selling of pieces would be done privately. If you are interested in displaying a piece of your art work or for more information, please email: recreation@tuscanyclub.ca

Sweet Child

Schedule & Registration Available Online

This is an introduction to rock music for young children. We focus on early music skills using a variety of instruments. Each hour includes fun games, music activities and more.

Winter Program Guide

Monday, November 25 & registration opens November 29

Children's Halloween Spooktacular

Saturday, October 26 11:00am-2:00pm

Celebrate Halloween at the Tuscany Club with a safe, fun and free Halloween party! Games, treats, crafts and more! Fun for the whole family. This event is free for all Tuscany residents and their guests to attend.

Holiday Light Up

Friday, November 15 4:00pm-7:00pm

Come join us for the turning on of our Christmas lights for the first time for 2024 and celebrate the start of the holiday season. Weather permitting, there will be skating, food trucks and other outdoor activities.

Holiday Extravaganza

Saturday, December 7 10:00am-2:00pm

Join us for our Holiday Craft & Bake Sale (40 vendors) and take in Santa's Village all on the same day. Photos with Santa, crafts, baking and more! Registration for the Bake Sale opens Monday, October 7 at 9:00am for members (\$45/table) and Monday, November 4 for non-members (\$55/table). All registrations are done in person at the Club.