# TUSCANY





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#### www.TuscanyCA.org

### **Tuscany Community Association**

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Submission deadlines for this monthly publication are the 5th of the month, prior to the distribution month.

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### In Our Community

### **President's Message**

Here we are already in January! At the time of writing we still didn't have much snow (okay, we don't really have any snow) and so it seems the holidays really snuck up on us. I hope you had time to take part in activities that bring you joy during December.

I want to thank everyone who put up Christmas lights and made our community come to life over the past few months. It is wonderful to see the dedication that people put into their displays. I want to especially acknowledge the families over on Candy Cane Lane who have kept up that tradition. It's part of what makes our community so special.

During winter months, it is more important than usual to ensure our community is accessible to everyone. Clearing pathways and sidewalks means that those with mobility issues can get outside and avoid feeling isolated. If you are able, please consider picking up a shovel to help make life a little bit easier for your neighbours.

If one of your resolutions for 2024 is to get more involved in your community, then the Tuscany Community Association might have an opportunity for you. We are looking for people who are interested in the following Board positions: Communications, Planning & Safety and Programming & Events. Please email president@tuscanyca.org for more information.

All the best to you and yours in 2024!

## **Tuscany Outdoor Youth Soccer**

Planning is underway for the 2024 Tuscany
Community Association outdoor youth soccer season.
Registration will be capped based on the number of
coaches who volunteer. Online registration for the 2024
season begins February 1 for children whose parents
wish to coach and February 15 for everyone else.

Look for signs in the community regarding registration. Information can also be found on the website at soccer. tuscanyca.org. The season will run from April 20 to June 22.



### In Our Community

## École Tuscany School Council - January 2024

Happy New Year and welcome back! Classes resume Monday January 8, 2024.

Thank you to everyone who supported the 2nd Annual Purdy's Chocolate Campaign. This fantastic fundraiser will allow our School Council to fund numerous initiatives such as an artist in residency through Evergreen Theater, new instruments for our Music Program, mental health resources for our students and inclement weather resources to keep our students busy when they cannot play outside. We are excited to head into 2024 following through on these and many other amazing initiatives.

Our Teacher Appreciation team has been very busy this year, showing not only Tuscany teachers our love and appreciation but also our facility operators, cleaning staff and support staff members. We are certain there are more delightful surprises in store for January!

Kindergarten / Grade One Registration
Registration for our English Kindergarten and Early
French Immersion Kindergarten will start on Monday
January 15, 2024. The Early French Immersion program
is open to students from Tuscany, Royal Oak, Rocky Ridge
and Rockland Park, for which a virtual open house will
be held on January 9 at 5:30pm. A link for the meeting
can be found on the École Tuscany School website.
Please see the school website for registration details
https://school.cbe.ab.ca/school/tuscany. Our "Welcome
to Kindergarten" open house will be scheduled in the
spring.

Our upcoming Fun Lunch (Tim Hortons) for Grades 1-6, as well as Kinder Snack Day, is on Thursday, January 11. The next FUNdraiser Treat Day is Friday, January 26 (Out of Chaos). Please log onto www.healthyhunger.ca (Grade 1-6 students) and submit your orders the Friday before to ensure your child can participate. Don't forget to wear your Spirit Wear! A big thank you to our fabulous volunteers who make these Fun Lunch and FUNdraiser Treat days possible for our kids.

Since winter is now upon us, the roads are slippery and traffic volumes have increased in the mornings. Please remember to give yourself some extra time as more students get a ride to and from school during the cold weather. Also, please follow all traffic and pedestrian by-laws and refrain from jaywalking as this creates additional safety concerns for motorists and our students. As a friendly reminder, the area to the west of the school on Tuscany Hill is a passenger loading zone only between 8:00-9:00am and again 2:30-3:30pm. If you need to use this area to drop off and pick up your child, please adhere to all protocols by remaining in your vehicle and allowing your child to exit/enter your vehicle from the curb side of your car and not into the active traffic lane. If this area is full, please do not double park. The teacher parking lot is off-limits to ALL other vehicles during school hours, please do not park in the parking lot or in front of the entry way as this creates a safety hazard for our students and staff.

We care very much about Traffic Safety and this year the Council began a series of fun contests to help generate discussion with the children about jaywalking, cluster crossing and respecting traffic signs. The response from students has been amazing and there were many entries submitted for the Traffic Safety Colouring Contest! Thank you all for encouraging your kids to participate and for discussing Traffic Safety with your family.

A few other upcoming activities to look forward to:

- Classes resume Monday, January 8, 2024.
- Evergreen Theatre Residency begins January 29
- Blackfoot Elder Shirley Hill will visit the school in the New Year.

Our next hybrid council meeting of the 2023-24 school year will be held on Thursday, January 18 at the school and on-line at 6:30pm. We look forward to seeing everyone again! Please check out our website at www. tuscanyschoolcouncil.ca for up-to-date info and follow us on social media: Facebook www.facebook.com/tuscanyschoolcouncil, Instagram @tuscanyschoolcouncil and Twitter @Tuscanycouncil for reminders and photos of our adventures together. If you have any questions about becoming involved with the School Council or volunteering for a committee, please email tuscanycouncilchair@gmail.com.

You can also follow Tuscany school on Twitter @ Tuscany cbe.

## **Eric Harvie School Council**

Happy 2024! We hope everyone enjoyed the holiday season and winter break.

The Growing Smile Winter Plant Sale was a success and many porches and front doors throughout the community looked fabulously festive thanks to the beautiful wreaths and winter arrangements that were ordered! A VERY special thank you to the wonderful volunteers who helped out for our December Casio Fundraiser. Your time and effort were so appreciated by the students, staff and families of our learning community!

EHS Council will be offering First Aid kits as a fundraiser in the upcoming year, from small travel kits to larger kits to keep in your vehicle. These are awesome for your house, car, RV and skiing and camping supplies for those unexpected accidents and injuries. Keep an eye out for more details and how to order coming very soon!

### Fun snack and lunch

For those families who wish to participate EHS Council has organised fun snacks and lunches. Families have the option of ordering supplementary food items for their student(s) and the EHS Council receives a portion of the proceeds to spend on future educational activities and experiences. On January 11, Cobs Bread will provide a snack and on January 25 Tim Hortons will provide a lunch option for students. Keep an eye on Eric Harvie social media and emails for volunteer opportunities on these dates.

Please go to www.healthyhunger.ca to order for your student. Orders must be placed before midnight on the Saturday prior to the date of fun snack or lunch delivery!

## Other Important Upcoming dates to remember in January:

- Monday, January 15: NO SCHOOL for students, professional day for teachers
- Wednesday, January 17: Parent council meeting at the school 6:30pm

## St. Sylvester School News

Winter is an exciting time at St. Sylvester School in Silver Springs. Our children have sung all their Christmas Carols on repeat for the past few months and performed their personal bests at our annual Christmas Celebration on December 7th.

On December 20th the staff and students at St. Sylvester celebrated the last day of school before Christmas break. As a bonus everyone wore their wacky and fun Christmas sweaters. Our hopes for all to have a safe and restful holiday season and return back to school on January 8th, 2024.

The registration for Fall 2024 student enrollment is open on January 8th. It will be a first come, first serve basis. Please do not hesitate to call the school for any questions and concerns that you may have.

Progress reports of the students will be issued on January 18th followed up with Parent Teacher Conferences on January 25th and January 26th. Our teachers are available throughout the year for appointments should you or your child need to address their specific learning needs.

Nicole Deutscher, St. Sylvester School Parent

## **Did You Know...**These Facts About January

- January's birthstone is garnet, which represents constancy.
- The zodiac signs for January are Capricorn (December 22 - January 19) and Aquarius (January 20 - February 18).
- The flowers of January are snowdrop & carnation.
- The name January came from the Roman god Janus.
- January was known as the wolf month to the Anglo-Saxons because in winter, wolves came into the villages to search for food.
- In the Southern Hemisphere, January is the warmest month.

### **Sledding Safety**

E mergency Medical Services (EMS) would like to remind parents and children about a few toboggan/sledding safety tips. Injuries may result from collisions with stationary objects on the hill, such as trees, poles, rocks, or even collisions with other people. Unprotected falls can also result in more serious injury if you lose control at high speeds. However, everyone can be safe and have fun on the toboggan hill by following these reminders.

### **Equipment**

- Always ensure your toboggan, or sledding device, is in good repair. Inspect it for any damaged or missing parts before each use;
- Be certain the operator is fully capable of staying in control of the sled at all times;
- Wear a ski helmet designed for use in cold weather and high speeds.

### **Hazards**

• Avoid hills that are too steep or icy;

### **Sudoku Corner**

The objective is to fill a 9x9 grid so that each column, each row, and each of the nine 3x3 boxes contains the digits 1-9 only one time each.

5			9	8				
	7	4				3		8
			4	6			9	
	1		6			4	8	
		2		9		7		
	5	7			4		3	
	4			5	6			
1		6				8	2	
				3	8			7

Answer on Page 13



- Choose hills free of all obstacles such as trees, rocks, utility poles, benches, or fences;
- Beware of loose scarves, or clothing containing drawstrings, which could present a strangulation hazard if they become caught or snagged;
- Look out for others. Move quickly to the side after finishing a run and stay to the side of the sliding path when walking up the hill;
- Children should be supervised by an adult; try not to toboggan alone;
- Sledding at night is not advised.

#### Plan ahead

- Anticipate weather changes and plan accordingly;
- Wear warm, insulating layers closer to the body, and wind/waterproof layers on the outside;
- Consider bringing extra sets of gloves and toques to exchange wet garments for dry ones;
- Take breaks out of the cold to warm up;
- Even when properly protected from the elements, the finger tips, toes, ears, the tip of the nose, and other high points on the face such as the forehead and cheek bones can be affected by frostbite; therefore, attempt to cover up any exposed skin at all times:
- If frost bite has occurred, treat it by first getting out of the cold environment, or at least sheltered from any wind-chill;
- Gently warm the affected skin by placing a warm hand over it, or by placing the affected part in warm not hot water, until re-warmed.

Alberta Health Services

### **Councillor Report**

I hope everyone had a restful holiday season. My best wishes to you and your families for 2024!

### **Budget**

As of the time I write this, deliberations on The City's budget have only recently concluded. Council approved a 7.8% increase to property taxes.

### **Residential Parking Permits**

Through the budget, Council approved lower fees for residential parking permits than originally proposed. As a reminder, the new fees only apply to areas where permits are already required. There are no plans to impose permits or fees on new areas automatically. Visit calgary.ca/rpp to learn more.

### **Property assessment**

Property tax assessment notices are mailed out this month. The customer review period runs from now until March. Questions or concerns? Contact The City's Assessment department at 403-268-2888 or visit calgary.ca/assessment.

### **Calgary Awards**

Nominations for the Calgary Awards to recognize outstanding individuals, groups and businesses in our community are now open. Visit calgary.ca/awards to learn more and nominate someone for their contributions to our city.

### Sidewalk clearing

A reminder that sidewalks must be cleared by property owners or occupants within 24 hours after a snowfall. Be a Snow Angel! Consider helping out a neighbour by clearing their walk.

### **Outdoor activities**

January is a great time to get outside to enjoy all of the best that winter has to offer, like pleasure skating, hockey, crokicurl, cross-country skiing and tobogganing right here in Ward 1. Visit calgary.ca/parks to find activities near you!

Sonya Sharp, Councillor, Ward 1



## **Christmas Tree Composting Program**

Help keep Christmas trees out of the landfill by using your green cart.

## Put your cut up tree in your green cart

- Remove all lights, ornaments, tinsel and tree stand
- Cut your tree into small pieces
- Place in your green cart (make sure lid can close)
- If your green cart is full:
- Put cut branches in paper yard waste bags and roll tops closed
- Set bags 0.5 metres (2 feet) from side of your cart
- **Please note:** Trees that are not prepared properly will not be collected.

## Christmas tree drop-off locations – open Dec. 26 to Jan. 31

Take your tree to a temporary drop-off location. This program is for residential use only.

- Remove all ornaments, lights, garland, tinsel and tree stands
- Do not wrap, tie or bag your tree, even if the bag is labelled as compostable or biodegradable.
- If you wrap or bag your tree to transport it, remove the bag before dropping off.

Visit https://www.calgary.ca/waste/residential/christmas-tree-recycling.html for a list of drop off locations.

City of Calgary, Waste & Recycling Services



www.SuburbanJournals.ca



## **Explore Calgary Parks This Winter**

Winter makes it possible to enjoy Calgary parks in a different way than during any other season. Many cold-weather park activities are also free with minimal equipment needed. Only in winter can you skate on outdoor rinks, marvel at beautifully lit ice trails, play Crokicurl and ride an ice bike in our parks. Plan an afternoon at your local community park snowshoeing or cross-country skiing. For easier skiing, visit a park or golf course that has groomed cross-country trails.

Take a walk through a park on a sunny winter day. You are sure to see birds and other wildlife. You can also pre-book an outdoor firepit at a park and have a winter picnic with friends.

For more ideas about how to stay active during cooler temperatures at city parks, visit https://www.calgary.ca/events/winter-city/activities.html.

City of Calgary



## Sudoku Corner Solution

5	6	1	9	8	3	2	7	4
9	7	4	5	1	2	3	6	8
8	2	3	4	6	7	5	9	1
3	1	9	6	7	5	4	8	2
4	8	2	3	9	1	7	5	6
6	5	7	8	2	4	1	3	9
7	4	8	2	5	6	9	1	3
1	3	6	7	4	9	8	2	5
2	9	5	1	3	8	6	4	7

## **Experience the Magic** of Chinook Blast

Calgary's ultimate winter festival returns Feb. 2-19, 2024. This year's event will warm up our city with a celebration of community, culture, and civic pride, where the best of Calgary's art, music, theatre, sport and recreation will be on display.

For the past three winters, Chinook Blast has captivated Calgarians and visitors by bringing downtown Calgary to life with an incredible lineup of activities and performances to help you beat the winter blues. This year will again feature a sizzling lineup of art installations, live music, thrilling winter sports, local markets, live shows and so much more.

Get ready to experience the magic as we transform the city into a winter wonderland. Mark your calendars and follow Chinook Blast on social media or at chinookblast. ca for the latest updates. It's going to be a winter extravaganza like no other!

Chinook Blast 2024 is presented by The City of Calgary, Tourism Calgary, Calgary Arts Development and Calgary Economic Development, along with numerous other community partners and sponsors.

Online Map Shows Calgary's Snow and Ice Road Conditions

Winter is in full force, which means a potential for snowfall in the city. The Snow and Ice Road Conditions map shows the process of snow clearing operations, locations of snowplows, priority routes and visuals of road conditions from traffic camera images. This map is located at https://maps.calgary.ca/RoadConditions/.

To view more City of Calgary maps, please visit the Map Gallery at https://mapgallery.calgary.ca/.

City of Calgary





The Tuscany Club is operated by the Tuscany Residents Association (TRA) as a private recreation facility for the exclusive use of its members.

212 Tuscany Way NW, Calgary, AB T3L 2J6

Phone: 403-241-6402

Email: customerservice@tuscanyclub.ca Website: www.tuscany-connect.com

www.facebook.com/yyctuscanyclub/

mww.instagram.com/tuscanyclub/

### **Regular Hours of Operation**

**Current Park and Facility Hours:** 

Everyday 9 a.m. to 10 p.m. daily

### Access to the Tuscany Club

Are you new to Tuscany or have moved within the community?

- Register your home with the Tuscany Club to be eligible for TRA benefits (i.e., access to the park, participating in programs and events) by bringing in your land title certificate.
- · Moving within Tuscany? Bring in your new land title and resident information to be added to your new address.
- If you are a renter, please have the homeowner complete a transfer of privileges form to obtain Tuscany Club privileges.
- Add your children to your account so they can enjoy our great programs.
- Update your email address to stay informed about Tuscany Club happenings.

### **Tuscany Club Features**

- Gymnasium
- Fitness and dance studio
- · Outdoor basketball court & inline skating space
- Banquet and meeting rooms
- Permanent skate park (open 9am to 9:45pm daily)
- Winter outdoor hockey rink and skating oval (opening soon)
- Summer splash park (closed for the season)
- · NEW! Playground
- 2 outdoor tennis/4 outdoor pickleball courts (closed for the season)
- Outdoor volleyball court (closed for the season)
- Kindercare/Out of School Care (currently full with closed waitlist)

### **Rent Rooms at the Tuscany Club**

Why not host your next event at the Tuscany Club? All rentals include tables and chairs. We have a variety of spaces to choose from including our banquet rooms with kitchen and BBQ access (perfect for weddings, family gatherings and meetings), studios (perfect for birthday parties and sports team gatherings) and specific weekend gym times. Email rentals@tuscanyclub.ca for information on spaces to fit your needs. Available exclusively to TRA members for private events.

### **Sponsorship Opportunities**

Did you know that the Tuscany Club hosts 12+ events per year including our Stampede Breakfast, several children's events and an annual clean up? It is a great opportunity to promote your business and engage with our Community. For more information and to view our 2023/24 Sponsorship Guide visit www.tuscany-connect.com.

### **January Updates**

### **Outdoor Rink Safety**

- \*Sticks and pucks are only permitted on our hockey rink not on our skating oval at any time for safety reasons
- \*All users under 12 years of age must be directly supervised at all
- \*Helmets are strongly recommended

Please visit www.tuscany-connect.com, Facebook and Instagram for updated schedules once our surfaces open.

### Winter Program Guide

Available Now!

#### Registration is Open Now!

Our Spring Guide has a new look that includes more easily accessed information. We encourage you to view the guide online rather than printing and only take one of our printed guides if absolutely necessary. Child and youth programs include art, basketball, dance, theatre, engineering for kids, sportball, tennis, martial arts, skate lessons and more. We even have skating lessons for adults this year and 3 Winter Break Camps to choose from.

### Adult Fitness Mash Up

#### **Schedule & Registration Available Online**

We've added a new monthly Yin Yoga on Sunday evenings to our usual line up. Come join us for Vinyasa Yoga, Body Tuning, HIIT, Zumba, Barre and Gentle Stretch. All of our talented instructors are able to accommodate a variety of fitness levels and everyone 16+ years of age are welcome to register. Register early to avoid being disappointed if programs are cancelled. If the program is full, it is free to go on the waitlist and we will let you know if a spot comes available. Cancellations with 48 hours' notice or more will have fees credited to account. Non-members welcome.

### 50+ Drop In

#### Wednesdays 1:00-3:00pm

Looking to get out and play some games or meet new friends? Come join us for some social time. This program is free to attend and nonmembers are welcome. Registration is not required. Come every week or just when you can.

#### **Learn to Skate Lessons**

#### January 10 to February 21

Give your kids the opportunity to learn basic skating skills and techniques through fun drills, games and activities. Classes are designed for new/beginner skaters with a max of 12 per class. For the parented classes, parents do not need to wear skates. Costs are between \$56-\$70.

### **Tuscany Cup 3 on 3 Hockey Tournament**

### January 27 to January 28

These 2-day adult 3 on 3 tournaments usually consist of 6-10 teams battling it out for the Tuscany Cup. Each 6 player team (1 goalie, 3 players, 2 subs) must consist of a minimum of 2 Tuscany residents and all players must be 18+ years. Cost is \$50/team.

### Film Camp in a Box Workshop

#### Saturday, February 3 @ 10:00am to 3:00pm

Children will learn about stop motion animation, set design, script writing and editing. Participants will create their own stop motion animation, complete with sound effects, music, voice overs and special effects. Join us at the end of the day for our red carpet film festival. Cost is \$50.