

TUSCANY SUN

Join Us!

For the 10th Annual
Tuscany Harvest Festival on
Saturday, September 16



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Tuscany Community Association

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TCA President's Message

Well, that sure went by fast, didn't it?

Of course, I'm talking about the fleeting months of summer. September always brings change, whether it's in your home or with your family or just the leaves on the trees. It always feels a bit like a new year too, with everyone getting back into routine after summer break and starting on whatever adventure the new school year will bring.

On September 16, we hope you will join us for our annual Harvest Festival from 11am – 2pm at Twelve Mile Coulee School. It's a great opportunity to reconnect with your neighbours and support local businesses and organizations. There will be lots of fun and games for the kids, too.

Over the summer, you might have noticed that our Community Garden near Tuscany School was not active. We had announced earlier in the spring that we would need a dedicated volunteer (or volunteers) to take over the Garden. While we had some interest, it is a big job for someone to do alone. As a Community Association board, we are examining whether this space should remain a Community Garden or if we should explore other options. If you would like more information about what maintaining the space as a Garden entails or have a feasible idea that you would be interested in pursuing for that area, please send an email to president@tuscanyca.org.

One activity that is always very popular over summer here in Tuscany is the Slo-Pitch League. None of the fun would be possible if not for the efforts of our Board Member, Shannon Gervais. Thank you, Shannon, for your work making the league run as smoothly as possible.

We are always looking for more volunteers to help make our community the best that it can be. Whether it's the Tuscany Youth Council, the Community Garden or as a Board Member, there are lots of options for involvement. Please consider volunteering with the Tuscany Community Association. Contact me at the email address above for further information.

Erin Chrusch
President, Tuscany Community Association



École Tuscany School

August 2023

Hello! Bonjour!

We hope everyone enjoyed their summer break and was able to relax and enjoy the great outdoors!

Our first day back at school was August 31, with classes resuming after the Labour Day weekend on Tuesday, September 5. We hope you enjoyed the Welcome Back signage and had an opportunity to take fantastic photos of your kiddos as they embarked on another fabulous school year. On September 21 our students will participate in the annual Terry Fox Run. There's no school September 22 for a non-instructional day. September 26 and 27 are photo days. More details will be shared by homeroom teachers.

Our first Tuscany School Council meeting of the 2023-2024 school year will be held on Thursday, September 14 at 6:30pm, in-person and online through Teams. We look forward to seeing everyone again! Details will be sent out closer to the date. We look forward to seeing our new parents and welcoming our current parents back that evening!

Upcoming events:

An early reminder that Tuscany School will honour National Truth and Reconciliation Day towards the end of September. During the week staff and students are encouraged to wear orange shirts. Please visit <https://www.orangeshirtday.org/> to learn more about this nation-wide initiative. Tuscany School will mark Orange Shirt Day with an assembly on September 28. There will be no school on September 29 for the National Day for Truth and Reconciliation.

As we head into the new school year we will again be partnering with Ryder & Reece – a local Tuscany business – to provide spirit wear options. You can now purchase École Tuscany School branded t-shirts, key chains and pink shirts directly through their website anytime! Follow the QR code, which will lead directly to our school collection. The shirts can be worn anytime throughout the school year but are especially great for assembly days, Fun Lunch and FUNdraiser Treat days and field trips.

On the evening of September 21, the School Councils from Tuscany, Eric Harvie, TMC and Bowness will come together to provide a presentation for parents by Dr. Alan

Donsky, an expert in child psychology, capacity building and mindfulness. We hope this will be an informative evening, as well as a chance for all parents and guardians to connect with others in our community.

With the resumption of school comes the reopening of our fabulous Kiss 'n Drop service on the west side of the school on Tuscany Hill. If you use this service, please adhere to protocols by remaining in your vehicle and allowing the volunteers to assist your child to exit your vehicle. Please ensure your child enters and exits your vehicle from the curb side and not into the active traffic lane. If the Kiss n' Drop area is full, please do not double park; this is an active loading/unloading zone. Volunteers are essential for the smooth and continued operation of this vital service and our Kiss 'n Drop team is always looking for new helpers. Please use our sign-up genius <https://www.signupgenius.com/go/4090e4eaea72aa1fa7-kiss5#/> or email tuscanykissndrop@gmail.com for further details. A valid CBE police security check is required to volunteer.

As a reminder to parents and guardians, please follow traffic and pedestrian by-laws and refrain from jaywalking as this creates additional safety concerns for motorists and our students.

Please check our website at www.tuscany-school-council.ca for up-to-date info and follow us on social media: Facebook www.facebook.com/tuscany-school-council, Instagram @tuscany-school-council and twitter @TuscanyCouncil for reminders and photos of our adventures together. If you have any questions about becoming involved with the School Council or volunteering for a committee, please email tuscany-school-council-chair@gmail.com. You can also follow Tuscany School on Twitter @Tuscany_cbe.

Wishing everyone a wonderful start to the 2023-24 school year!!



Back to School Safety

Alberta Health Services EMS would like to remind parents and students of some safety tips as the school year begins again this fall. Pedestrians and motorists both have an important role to play – road safety is a shared responsibility.

Motorists

- Distracted driving carries a \$300 fine and 3 demerit points in Alberta. Avoid the use of mobile devices or engaging in any other behavior that diverts your attention away from driving;
- Give right-of-way to pedestrians who have activated overhead crossing lights, or who are waiting to cross from a street corner;
- Other than parked cars, it is illegal to pass another vehicle in a school or playground zone during posted hours.

Around school buses

- Flashing amber lights mean a bus is slowing down to stop – motorists should do likewise;
- No matter which direction you are coming from, STOP when approaching a school bus with activated flashing red lights – unless the bus is on the opposite side of a divided highway from you;
- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

Pedestrians

- Cross only at marked crosswalks, or street corners that have clear visibility from all directions;
- Make eye contact with all drivers before crossing the street, and keep distractions to a minimum;
- When activating overhead crossing lights, pause before stepping off the curb to ensure motorists in both directions have come to a complete stop;
- Stay within the crosswalk lines;



- Obey pedestrian lights at intersections. Cross the street only when you see the ‘walk’ sign and only when all cars have come to a complete stop;
- If you are with young children or pets, hold your child’s hand firmly and keep a solid grip on leashes when crossing;
- Remember: children learn by observing. By demonstrating safe crossing habits, you can reduce the chances of your child being involved in a preventable auto/pedestrian collision.

Alberta Health Services

Sudoku Corner

The objective is to fill a 9x9 grid so that each column, each row, and each of the nine 3x3 boxes contains the digits 1 – 9 only one time each.

			3			9		
			1	9		3		2
9				6		8	5	
		3		2				9
	2		9	3	6		8	
7				8		5		
	8	9		5				4
6		5		1	9			
		1			2			

Answer on Page 11

DID YOU KNOW??

An adult panda can spend up to 12 hours a day eating, and in order to fulfill their dietary needs, they need to eat at least 28 pounds of bamboo.



Councillor Report

Hello Ward 1! It's hard to believe summer is winding down already. While kids are back in school and Council is back in session, I hope we still have some warmer days ahead!

Calgary Transit service updates

Four times a year, Calgary Transit reviews services levels, schedules, and routes. This September, there are several changes affecting Ward 1 including Bowness and service to Bowness High School. Visit calgarytransit.com/serviceupdates for details.

Housing and Affordability Task Force

Later this month, the Community Development Committee will receive the recommendations of the Housing and Affordability Task Force, including a chance to hear public comments. I still welcome your feedback on the proposed recommendations. You can learn more at calgary.ca/housing.

Valley Ridge pathway

Unfortunately, early summer storms again washed out the multi-use pathway connecting Valley Ridge to Bowness Park. At the time of writing, the timeline for a repair remains unclear. My office is working with City Administration and the province to get this fixed as quickly as possible. Visit calgary.ca/pathwayclosures for a map of temporary pathway closures around the city.

9 PM routine

The Ward 1 Office and the Calgary Police Service remind Calgarians of the importance of maintaining safe and secure practices for your home and vehicle. Ward 1 residents are encouraged to follow the 9 PM routine by ensuring valuables are removed from vehicles, house and vehicle doors are closed and locked, garage doors are closed and locked, and an outside light is turned on.

Calgarians are encouraged to report all crimes at calgarypolice.ca or by calling 403-266-1234. Your reports help police identify trends and direct resources accordingly.

Traffic safety

Improving pedestrian and traffic safety in Ward 1 continues to be one of my top priorities. There have been several improvements made in Ward 1 over the summer, including in Crestmont and the ongoing pilot in Silver Springs.

Sonya Sharp, Councillor, Ward 1

Be Safe. Watch Out. Park Smart.

With the excitement of return to school comes many distractions – distractions that can be dangerous for both drivers and children.

This September, The City wants to remind and encourage anyone who is driving kids to school to operate their vehicles safely and responsibly. We ask parents and guardians not to park where it's prohibited during drop off and pick up times, such as blocking crosswalks, laneways and private driveways.

We know pick up and drop off times can get quite busy. We ask you to give yourself extra time to navigate safely around schools, whether you are walking, wheeling, or driving.

For those who drive, you can help alleviate congestion by parking a block or two away and walking in, wherever possible. And please talk to your kids about safe practices like using crosswalks with patrols, and not jaywalking across the roadways as a shortcut.

Learn more by visiting calgary.ca/BeSafe and let's all have a safe school year!

City of Calgary

Celebrate Calgary Culture Days

Calgary Culture Days takes place September 1 – 30, 2023 and is an opportunity for all Calgarians to discover, experience and celebrate arts and culture in their community, downtown and across the city.

Calgary Culture Days coincides with Alberta Culture Days through the month of September and with National Culture Days, which is celebrated September 22 – October 15, 2023.

Find out more information on Calgary Culture Day events on calgary.ca/culturedays.

City of Calgary



Tuscany Harvest Festival - Save the Date!

10th Annual

Tuscany Harvest Festival
Saturday, September 16,
11:00am to 2:00pm.

Thank you to the following who have already confirmed their participation and/or sponsorship:

Platinum Title Sponsors:

- Agnew Insurance
- The Neustaedter Team
- Scenic Acres Dental Clinic

Sponsors:

- The City of Calgary
- Tim Hortons
- Logix Learning Centre
- Fit Kids
- B&A Planning Group

Enjoy food trucks, many local vendors, participants, family games, DJ, bubble soccer, inflatables and much more!

If you would like to sponsor or participate, please contact Jamie- executiveadmin@tuscanyca.org.

Sudoku Corner Solution

1	5	2	3	7	8	9	4	6
4	6	8	1	9	5	3	7	2
9	3	7	2	6	4	8	5	1
8	1	3	5	2	7	4	6	9
5	2	4	9	3	6	1	8	7
7	9	6	4	8	1	5	2	3
2	8	9	6	5	3	7	1	4
6	4	5	7	1	9	2	3	8
3	7	1	8	4	2	6	9	5

Attention Tuscany Residents:

Calgary's annual City Wide Food Drive, in support of the Calgary Food Bank, is happening in September. We are looking for volunteers to help meet the needs of our city's less fortunate.

Only a few invested hours are needed to deliver donation bags to homes in your area, collect donations, and deliver them to a drop-off point.

The delivery of empty donation bags to Tuscany households will happen between September 21st and September 23rd. Donated items are collected on Saturday, September 26th, and delivered to the collection station at Market Mall between 10:00 AM and 12:00 PM. The total volunteer time commitment is three to five hours.

If you'd like to volunteer, please register online at: <https://www.calgaryfoodbank.com/register-for-city-wide-food-drive/>

Families and individuals of all ages are welcome to volunteer. Local members of The Church of Jesus Christ of Latter-Day Saints will support volunteers.

Did You Know... These Facts About September

- The birthstone is the Sapphire.
- The birth flowers for September is Morning Glory.
- The two zodiac signs in September are Virgo (August 23 – September 22) and Libra (September 23 – October 22)
- September was named after *septem*, Latin for “seven”, when the original Roman calendar started in March, so September was the seventh month.
- The Anglo-Saxons called this month *Gerst Monath*, which means barley month. This is because they would harvest their barley crops during this month.

Essential Tips for Preparing Children for Emergencies

With kids returning to school, now is the perfect time to review your home emergency preparedness plan so your family is ready for anything.

Emergencies and disasters affect children and adults, but the impact of emergencies can carry more weight for children because they may have to deal with situations they don't have the skills to handle. As adults, we know Calgary is no stranger to emergencies and disasters, so how do we prepare our little ones? Whether it's heavy rain, hail, power outages or extreme cold, disasters can happen at any time of year, sometimes with little to no warning.

There are four key steps we can all take to help prepare for an emergency:

1) Talk to your kids about disaster risks in Calgary



- 2) Include them in your household's emergency planning
- 3) Look for opportunities to learn more about emergency preparedness
- 4) As a family, walk through how to prepare your home for an emergency

The Ready Squad e-course was designed to teach your kids about Calgary's disaster and emergency risks, how they can prepare, what they can do to stay safe during an emergency, and what they can expect after. Children can also download the Junior Weather Forecaster's Challenge – a fun and creative way for the whole family to learn more about the weather and its effects in Calgary.

Visit calgary.ca/ReadySquad to find out more.

City of Calgary

Come Celebrate the Opening of Haskayne Legacy Park – Calgary's Newest Regional Park

The City of Calgary and partners are pleased to invite you to the opening celebration of Haskayne Legacy Park, our newest 126-hectare regional park. At Haskayne, traditional western ranchlands come alive with spectacular mountain and river views.

Details:

- **When:** Saturday Sept. 16 from 10 a.m. to noon.
- **Where:** 9000 149 Street N.W.

You can drive or take a free shuttle to the park. Alternately, there is a walk or cycle route into Haskayne via the regional pathway from Glenbow Ranch Provincial Park. Visit our website for more information about directions, parking, or the shuttle service.

- **Who can attend?** Everyone is invited.
- **Why attend?** This free, all-ages, outdoor event to announce the opening of the park will be packed with things to do and displays to enjoy. We will start off with a short ceremony with Dick and Lois Haskayne, Mayor Jyoti Gondek, The City of Calgary, and Glenbow Ranch

Park Foundation, followed by a variety of activities for all to enjoy. Bring the kids for wagon rides or golf cart tours of the park or hangout with friends during a walking adventure to see tipis. After, enjoy a free pancake breakfast while listening to live music in a beautiful landscape.

Want to continue the fun? You can hop on our free shuttle service and head over to the Tuscany Harvest Festival at Tuscany Park. Visit calgary.ca/hlp for more information and updates on the event.

City of Calgary





The Tuscany Club is operated by the Tuscany Residents Association (TRA) as a private recreation facility for the exclusive use of its members.

212 Tuscany Way NW, Calgary, AB T3L 2J6
Phone: 403-241-6402

Email: customerservice@tuscanyclub.ca

Website: www.tuscany-connect.com

 www.facebook.com/tratuscanyclub

 www.instagram.com/tuscanyclub

Regular Hours of Operation

Current Park and Facility Hours:

Everyday 9 a.m. to 10 p.m. (Saturday/Sunday park opens at 9:45 a.m.)

Access to the Tuscany Club

Are you new to Tuscany or have moved within the community?

- Register your home with the Tuscany Club to be eligible for TRA benefits (i.e., access to the park, participating in programs and events).
- Moving within Tuscany? Visit the office to update your membership to remain current.
- Complete a transfer of privileges form from the homeowner to gain Tuscany Club privileges.
- Add your children to your account so they can enjoy our great programs.
- Update your email address to stay informed about Tuscany Club happenings.

Tuscany Club Features

- Gymnasium
- Fitness and dance studio
- Outdoor basketball court & inline skating space
- Banquet and meeting rooms
- Permanent skate park (open 9am to 9:45pm daily)
- Winter outdoor hockey rink and skating oval (closed for the season)
- Summer splash park (open 9am to 9:45pm daily)
- NEW! Playground
- Two outdoor tennis/Four outdoor Pickleball courts (by reservation)
- Outdoor volleyball court
- Kindercare/Out of School Care (currently full with closed waitlist)

Rent Rooms at the Tuscany Club

Spaces are available for private events. Tables and chairs are included with rental and access to kitchen facilities is available. Email rentals@tuscanyclub.ca for information on spaces to fit your needs. This service is available exclusively to TRA members.

BBQ Pits Available

Two barbeque pits are available onsite on a first-come-first-served basis. Only briquettes can be used in the pits. Firewood is prohibited. Personal portable barbeques are not permitted at the Club.

September Updates

Tuscany Residents Association Member Fees

Any annual fees not paid are now overdue and interest has been applied. If you have not paid your fees, please email administration@tuscanyclub.ca to set up a payment plan and avoid collections. Any program registrations and access to the Tuscany Club amenities and facility require fees to be paid first.

For your convenience, we are now able to accept credit card payments over the phone.

Fall Program Guide

Our Fall program guide is available online and registration is open and ongoing. Programs will begin the week of September 9 and run until December 23. Join us for youth & adult tennis, adult sports & fitness programs, Sportball, dance & theatre, art, basketball, martial arts and more. Programs are always pro-rated for late registration so it is never too late to register if space permits.

Visit www.tuscany-connect.com to view the guide and register.

Youth Safety Courses

*Stay Safe/Home on Your Own (ages 9-13)

October 14 9:30-2:30pm

*Babysitter Course (ages 11+)

October 15 9:30am to 4:30pm

Adult Fitness Mash Up

Schedule & Registration Available Online

Come kick off your Fall fitness routine with us. Choose from Vinyasa Yoga, HIIT, Zumba, Barre & Strength and Gentle Stretch. Our talented instructors are able to accommodate a variety of fitness levels and everyone 16+ years of age are welcome to register. Register early to avoid being disappointed if programs are cancelled. If the program is full, it is free to go on the waitlist and we will let you know if a spot comes available. Cancellations with 48 hours' notice or more will have fees credited to account. Non-members welcome.

Outdoor Movie Night

Friday, September 8 @ 6:30pm

Bring your family and friends to enjoy a movie under the stars! The event is free to attend and will include complimentary popcorn. Bring your own chair or a blanket. Weather permitting, this event will take place outdoors but will move indoors to the gym if necessary. Please visit our website/social media pages for more information and movie selection.

Volunteer Opportunities

We are always looking for volunteers to help us with our events. Please visit www.tuscany-connect.com to download a Volunteer Application form. Completed forms can be dropped off at the Club or emailed to recreation@tuscanyclub.ca. Under 12 years of age must be accompanied by an adult.

Sponsorship Opportunities

Did you know that the Tuscany Club hosts 12+ events per year including our Stampede Breakfast, 3 on 3 Tuscany Cup Classic Hockey Tournament and Children's Halloween Spooktacular? Sponsoring one or more of these events is a great opportunity to promote your business and engage with our Community. For more information and to view our 2023/24 Sponsorship Guide please visit www.tuscany-connect.com