

the Silver Springs **SPIRIT**

THE OFFICIAL VOICE OF THE SILVER SPRINGS COMMUNITY ASSOCIATION

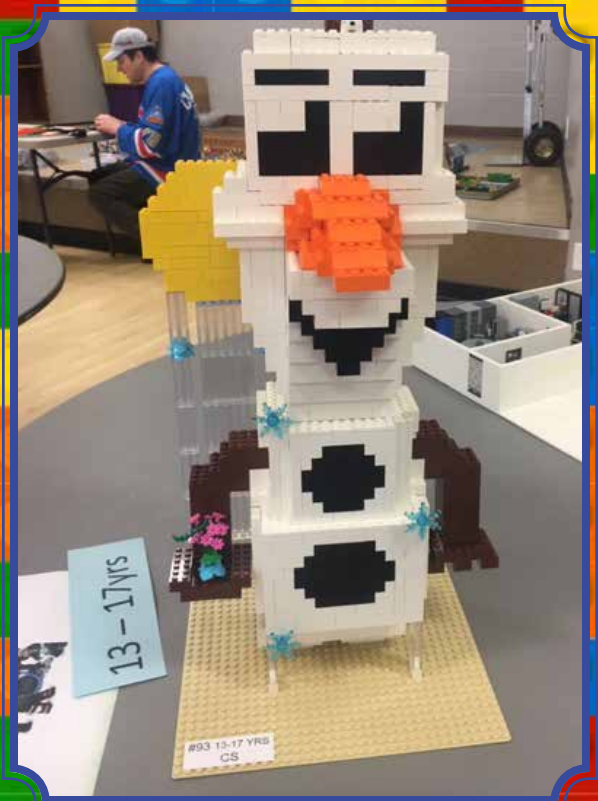
MARCH 2020



 [Facebook.com/SSCACalgary](https://www.facebook.com/SSCACalgary)

 @SSCACalgary

Lego Competition 2020



Upcoming Events:

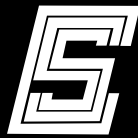
Free Tax Clinic for low income Families, Seniors and Individuals (see details inside)

Norwest Soccer Registration Opened February 1st

**Garden Speakers Series, March 18, 2020:
'The Fine Art of Deadheading'**



Silver Springs Community Association



5720 Silver Ridge Dr. NW Calgary, Alberta, T3B 5E5

Phone: 403-288-2616 Fax: 403-247-0820

Email: administration@silverspringscommunity.ca

Website: www.silverspringscommunity.ca

Facebook.com/SSCACalgary @SSCACalgary

SSCA Vision: To maintain a beautiful and vibrant community by supporting the evolving needs of our residents through communication, leadership and engagement.

SSCA Mission Statement: To enhance quality of life by fostering community spirit, participation and engagement.

Article Submissions: Get Involved with Silver Springs today! The Silver Springs Spirit DEADLINE is the first Friday of every month. Space is limited.

Board of Directors

Executive

President	Cydney Elofson
Vice President	Jennifer Dotchin
Secretary	Monique Tambay-Roest
Treasurer	Scott Chomistek
Director, Community Safety	Jeremie Bourqui
Director, Botanical Gardens	June Bergman
Director, Community Development	Murray Scotton
Director, Crowchild Hockey	Darren Bourget
Director, Senior's Housing	Karen Kirnbauer
Director, Senior's Engagement	Kay Wilford
Director, Social Media	Darcie Todd
Director, Outdoor Spaces	Jeremy Gukert
Director, Membership Development	Karen Bradshaw

Standing Liaisons

Scenic Bow Valley Guides	any-calgaryscenicbowvalley@girlguides.ca
Scouts	k.canivet.usa@gmail.com
Crowchild Twin Arena	Roy Moore / Jeremy Gukert
Soccer	Dino Sorrentino
Softball	Chris Robertson
Seniors Card Group	Betty Neary
MLA	Jason Copping, Calgary.Varsity@assembly.ab.ca
MP Calgary Rocky Ridge	Pat Kelly
Councillor	Ward Sutherland
Friends of the Gardens	Duncan Badger

Community Association Office Staff: 403-288-2616

Accountant	Deb Hall
Administration	Dawn Ellertson
Manager, Building Operations	Rita McMillan
Program Coordinator	Sherry Gavlin

Office hours 9:00 a.m. to 4:00 p.m. Monday - Friday.
Closed statutory holidays.

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In Our Community

Spirit Delivery Volunteers Needed!

Route 16 (52 houses along Silver Brook Way)

Route 44A (37 houses along Silver Valley Rise and Silver Valley Bay)

Community Website

I bet you didn't realize... You can read the latest newsletter, get all the information you need and even register for programs on our website at www.silverspringscommunity.ca.



SOKO: School's Out Kids Option

Before, lunch and afterschool program located in the Silver Springs Community Center. We are an accredited program with qualified, experienced staff. Please call SOKO at 403-286-3243 or visit our website at www.sokokids.ca



Silver Springs Community Association

Membership Application

Please fill out this form and include payment by cheques, VISA or Mastercard and mail or drop off at the Silver Springs Community Centre, 5720 Silver Ridge Dr. NW, Calgary, AB T3B 5E5

Parents Names: _____ SURNAMES FIRST NAME(S) _____

Children's Names: _____

Mailing Address: _____

Postal Code: _____

Phone Number: _____

Email Address: _____

(Family \$25 / Senior \$10/household / Associate \$35)

Amount Paid: \$ _____

Cheque: Visa: Mastercard:

Credit Card #: _____ Exp: ____ / ____

You can also purchase your membership online at www.silverspringscommunity.ca

All memberships expire Aug. 31 of each year, regardless of when in the year you purchase them.



Silver Springs Preschool

Our registration for the 2020/2021 school year is now open! We are currently accepting registration for our

- 3 year old AM – Space Available
- 3 year old PM – Space Available
- 4 year old AM (wait list started)
- 4 year old PM (wait list started)
- 4 year old All Day (wait list started)

Did you know?

Children born in 2017 are eligible to attend Silver Springs Preschool in the Fall of 2020! Check out our website for more information: www.silverspringspreschool.com

Some classes have filled but we are taking a wait list. We invite all parents to check out our website to learn more about our incredible preschool and see why families have been raving about us for almost 40 years! We are flexible with pick-up and drop-off times due to elementary school bell times. If that is a concern for you please let us know and we will make it work for your schedule.

The preschool is overseen by the Silver Springs Community Association (SSCA) and operates as a non-denominational and non-profit organization.

Contact us today! 403-288-2616
www.silverspringspreschool.com
Follow us on Facebook & Instagram @silverspringspreschool

Programs Offered at the Silver Springs Community Centre

The following are SSCA run programs from mid-September to mid-June:

Line Dancing: Thursday 1:00 p.m. and 2:00 p.m.

Adult Aerobics Classes: Mon. - Thurs. at 9:15 a.m.

Seniors Yoga: Mondays at 10:25 a.m. Fri. at 11:00 a.m.

Mah Jong: Thurs. 1:00 p.m. – 3:00 p.m. Call for more info.

Dance Foundation: Mon./Wed./Fri. A variety of children's dance classes including: Ballet, Jazz and Musical Theatre.

+55 Seniors Club: Mon. afternoons

Drop-in Pickleball: Tues. 1:00 p.m. - 3:00 p.m.,
Fri. 1 :00 p.m. - 3:00 p.m.

Other Programs Offered by outside groups:

- **Girl Guides:** Contact ajaenen@shaw.ca
- **159th Silver Springs Scouts:** (Beavers, Cubs and Scouts).
- **Calgary Karate:** Call 403-338-0558 for more info.
- **Tai Chi:** Call 403-240-4566 for more info.
- **Praise Ablaze Church:** 2-4pm Every Sunday. Please contact Henry or Debbie @ 403-830-0702
- **Seedlings Spanish Preschool:** contact Judith at 403-210-0604
- **Sportball:** Saturdays Ages 18 months - 5 years. Contact Sam at 403-975-2936 or www.sportball.ca/calgary
- **Lifegate Chapel:** 9:45-11:45 every Sunday. Please contact Josiah pastor@rccglifegatecalgary.com or 403-681-7424

Did You Know... These Facts About March

- The birthstone of March is aquamarine.
- The birth flower is the daffodil.
- The two zodiac signs in March are Aries (March 21 - April 19) and Pisces (February 19 - March 20)
- March is named after Mars, the Roman god of war.
- Spring arrives in March! This year it falls on March 20.

Adult Fitness

Mondays:

- Cardio Pump- 9:15 – 10:15 This class incorporates cardio drills with strength and core training for a total body workout. Instructor: Judi Weaver
- Hatha Yoga. *Note this is a registered class* Classes will focus on gentle stretching, breathing exercises and meditation. It does not matter how flexible we are as long as we keep moving and do what we can. Next session: March 30 – June 8 (9 weeks)no class April 13 and May 18 \$72 REGISTRATION OPENS MARCH 2ND. Instructor: Alicia Backman-Beharry (Drop-ins welcome !)

Tuesdays:

- Active Older Adult- 9:15 – 10:15am This class offers a variety of class formats. Usually choreography based for the cardio component. We then move on to weights and mat work. There might also be appropriate interval workouts. There will always be balance practice. Instructor: Judi Weaver
- Pickleball- 1:00 – 3:00pm. Pickleball is a racquet sport that combines elements of badminton, tennis, and table tennis.

Wednesdays:

- Bootcamp- 9:15 – 10:15 am. Cardio, strength and core, usually working in timed segments or a circuit. Stability Ball class- this class is offered on the last Wednesday of the month. It has a strong core focus. Instructor: Judi Weaver
- Fusion Fitness- 10:30 – 11:30 am . *Note this is a registered class* Get your mind/body in harmony in this class incorporating a selection of Yoga, Pilates and Fitness conditioning. This is a mat based class – please bring your own Yoga mat. Call to find out when the next class is beginning. Next Session: March 4 – April 22 (7 weeks) \$56 no class March 18th. Instructor: Judi Weaver
- Active Older Adult 1:15 – 2:15pm This class offers a variety of class formats. Usually choreography based for the cardio component. We then move on to weights and mat work. There might also be appropriate interval workouts. There will always be balance practice. Instructor: Judi Weaver

Thursdays:

- Active Older Adult- - 9:15 – 10:15am This class offers a variety of class formats. Usually choreography based for the cardio component. We then move on to weights and mat work. There might also be appropriate interval workouts. There will always be balance practice. Instructor: Judi Weaver
- Line Dance: : Note this is a registered class. Drop ins welcome! Improver class 1 – 2pm, Beginner class 2 – 3pm. Next session: April 2 – June 11 (11 weeks) \$88 Instructor: Sharon Fromow

Fridays:

- Barre Above: 9:15 – 10:15am *Note this is a registered class* Barre Above blends the latest exercise science with the principles of Barre exercises, delivering a fusion of ballet, pilates, yoga and strength training in each workout. Workouts are designed for a wide range of fitness levels, ages and bodies, complete with progressions so that those new to fitness will feel successful and seasoned Barre enthusiasts will always feel challenged. Participants are asked to bring a yoga mat. You may work in running shoes or bare foot. Drop Ins Welcome! Next session: March 27 – June 12 (11 weeks) \$88 No class April 10th Instructor: Judi Weaver
- Seniors Yoga: 11am – noon Classes will focus on gentle stretching, breathing exercises and meditation. It does not matter how flexible we are as long as we keep moving and do what we can. *Note this is a registered class. Next session: March 27 – June 12 (11 weeks) \$88 No class April 10th. Registration opens March 2nd. Instructor: Marcy Jespersen (Drop-ins welcome if space is available) SCENT FREE CLASS
- Pickleball- 1:00 – 3:00pm Pickleball is a racquet sport that combines elements of badminton, tennis, and table tennis

Free Tax Clinic for low income Families, Seniors and Individuals.

Silver Springs will be hosting free tax clinics for low income families, seniors and individuals. Returns are processed by Chartered Professional Accountants (CPA's) and CPA candidate volunteers organized through CPA Alberta.

Tuesday, March 17/20 6:00 – 8:30 pm and Thursday, April 2 6:00 – 8:30 pm at the Silver Springs Community Ass'n. **By appointment only.**

Call for more information on who is eligible for the service or to book your time slot.
403-288-2616



Councillor Report

2020 Budget Outcome

Council approved the 2020 Adjustments to the One Calgary Service Plans and Budgets. Listed below are three decisions Council made and the implications for The City and its residents.

2020 Budget and Service Levels

Council effectively set the tax rate increase for 2020 at 0%. They approved the 1.5% scenario proposed by Administration, and then directed one-time money to bring the rate increase down to 0%. This decision preserves the Calgary Police Services and Civic Partners budgets. Council tasked Administration with finding the one-time dollars permanently in The City's base budgets for 2021 and 2022.

Tax Share

Council made a fundamental change to the way taxes are shared between residential (i.e. homeowners) and non-residential (i.e. businesses, commercial and industrial) taxpayers from 49:51 per cent to 52:48 per cent residential to non-residential. This decision eases the pressure put on businesses and building owners from the loss of value in the downtown core.

Provincial Off-Loading

The Provincial budget reduced funding to The City by \$13M, largely to Calgary Police Services. Council approved a flow-through to taxpayers to cover this shortfall.

Implication

As a result of these three decisions, the typical single residential home will see a total increase to their property taxes of \$12.50 per month (\$1.14 per month as a result of provincial off-loading and \$11.36 per month due to the shift in the tax share). These decisions are prudent while acknowledging the challenges faced by businesses. The City will continue to modernize services and help realize further savings across the organization. Together, The City will develop strategies and implementing initiatives to achieve target budget reductions of \$24 million in 2021 and \$50 million in 2022. There will be staff impacts.

Ward Sutherland, Councillor, Ward 1

Saturday April 18 for the 25th Annual Bow West Art Show and Sale!

10am to 3pm at the Silver Springs Community Centre where approximately 30 artists will show case their work. From landscapes to still life, there is sure to be something for everyone. Payment is accepted by cash or cheque only.

Classifieds

- **Nick Reynolds Plumbing:** 'Your Community Plumber' Local plumber with 25+ years experience available for all your plumbing needs. No job too big or small. And bathroom renos! Fully insured & Very reasonable rates. 403-618-2707 or e-mail nick.reynolds@shaw.ca
 - **Butterfly Dayhome:** Experienced, quality love and care in Silver Springs. Age-related activities. Group piano lessons. Snacks and hot meals. 403 288-3390 butterflydayhome@hotmail.com
 - **Permanent Hair Removal by NEW YOU ELECTROLYSIS:** Certified Electrologist in Silver Springs, Member of ESA FCEA with over 35 years experience. Free consultation & Flexible hours Call: (403) 286-2299
 - **Joe's Handyman Service:** Local Skilled Handyman offering Installation & Repair Services in Carpentry, Painting, Drywall, Plumbing, Electrical, Flooring, Tiling, etc. Before you part with your hard earned \$\$\$, contact Joe for a 2nd opinion/free consultation @ 403-650-4512, email: joe@joeshandyman.ca. www.joeshandyman.ca
 - **Looking to renovate your home?** Callaway Contracting has over 40 years of construction experience helping clients with interior & exterior home renovations or upgrades. Located in the NW of Calgary – to book a consultation or learn more call 403-662-2233.
 - **Craftsman with 40 years experience** living in Silver Springs available for your home repair needs including preparing your home for move out or move in. For more information or to book your free estimate please call Rudy @ 403-540-8571.
 - **Complete Home Renovations** - Desmarais Cabinets provides kitchen cabinets, re-facing, entertainment/wall units/ fireplace mantles/bathroom vanities/laundry/closets & storage organizers, etc. Check us at trustedpro review Desmarais Cabinets. Call Lou at 403-809-4977, free estimate/free drawings www.desmaraiscabinets.ca / desmaral@shaw.ca
 - **Snow Removal, Electrical Repairs, Painting and Renovations:** Many satisfied, repeat customers for 5 years in Silver Springs. Reasonable rates, immediate availability, reliable, quality workmanship, friendly service. Please call Mehryar at 403-923-6441 or Loree at 403-286-6308.
 - **Tabata GX Bootcamp (interval based workout):** Tuesday and Thursday nights at 6:00 pm - 6:45 pm. 6 week session March 24 to April 30. Cost \$151.20 (including GST). To register www.judigx.ca. Open to all abilities and levels of fitness! Any questions contact Judi 587-436-2058.
 - **Silver Springs Daycare** – Affordable rates. 19 months to 12 years of age. Walk children to and from school. Provides morning and afternoon snack and hot lunch. Hours of operation 7 am – 6 pm. Security door code for entry. 7204 Silvermead Road; 403-288-2586; silverspringsdaycare@gmail.com
- Call 403-288-2616 or e-mail scca@shaw.ca with your ad of 40 words or less. The cost is \$10 and you must be based in Silver Springs and have a current Silver Springs Community membership.**

Parent & Tot/Baby Rhyme Time!

Please join us at the
Silver Springs Community Centre on the
From 10:30 – 11:30 for a fun-filled hour of song, play
and social time.

All families' welcome, recommended ages
from 0 – 4 years of age.

Upcoming dates: March 4 and 18, April 8 and 22
\$2 cost for each family in attendance
Coffee & Tea will be provided!

Girl Guide News

Girl Guides is thriving in Silver Springs! We have opportunities for every girl at every age group to come out and have fun. If you're looking for an inclusive, diverse and engaging activity for your female / female-identifying child this coming fall - or even now! - have a second look at Guiding. Plus, registration fees are 50% off until March 31, 2020! Visit www.girlguides.ca to learn more about Guiding and see Guiding has continued to modernize for today's girl, with meetings and activities that the girls help to decide. See what units are available in Silver Springs and surrounding communities at <https://register.girlguides.ca/web/en/unit-search>

From rock climbing to Halloween parties, swimming to learning to tie-die, Guiding is about trying new things, having fun with friends, and connecting with girls right in your neighbourhood. And yes... we still go camping! Do you have a girl who is curious but isn't ready to commit? Try a 'taster meeting' - you can e-mail our District Commissioner at: anycalgaryscenicbowvalley@girlguides.ca with the age of your daughter, and we will help to connect you to a unit close by that you can visit.

Are you on the hunt for our famous Girl Guide cookies? Keep some cash handy... we'll be knocking on doors at the end of March and early April with our delicious chocolate and vanilla sandwich cookies. If you want to be guaranteed to find cookies, please e-mail anycalgaryscenicbowvalley@girlguides.ca and ask to be on our cookie mailing list! We will send you an e-mail closer to mid-March with the location and dates of our 'drive through cookie sales' that will happen in Silver Springs. Our cookies are still just \$5 a box.

Watch for more updates on our activities in and around Silver Springs in upcoming newsletters.



THE SILVER SPRINGS SPIRIT

Hayley's Rink

On workday afternoons, utilization of our outdoor rinks just east of the Silver Springs Community Centre is at its lowest ebb. However, twice each week the quiet afternoon solitude of the rinks is shattered as 18 four year olds from the Silver Springs Preschool Program pour out of the community centre, don helmets and skates and enthusiastically take to the ice! After just 4 weeks of encouragement and gentle coaching from volunteers and teachers Mrs Kaczmarek, Rachael Walker and Tanya Murphy, all 18 pupils are confident young skaters and glide around the pleasure rink with ease. "At this age, these students are like sponges and quickly pick up skills like skating" Rachael says with a smile and adds, "we may be the only preschool program in the city that is able to offer semi-weekly skating lessons as part of our winter curriculum thanks to the proximity of these well maintained rinks!"

Seven crews consisting of Silver Springs residents, who care for the rinks on each day of the week, enjoy the experience of maintaining this ice especially in light of feedback such as this. Very little snow fall and temperatures hovering just below 0C for most of the month made it easy for our crews to make and maintain near perfect outdoor ice. If interested in partaking in this rewarding volunteer ice making experience, please contact Jeremy Gukert at 403 805-2570.



Botanical Gardens of Silver Springs

Gardening Season is nearly upon us and the Garden group is gearing up for an exceptional garden this year. We will be having our Annual General Meeting on March 3, at 7 pm in the Silver Springs Community Association Board Room. This is an opportunity to find out more about the garden, to have input to next years plans and to meet some volunteers and see if this would be a good match for your volunteer needs. We welcome all. Refreshments will be served after the meeting. For more information on the Garden Speakers Series please visit <https://www.bgss.ca/events>.

Unfortunately, this year our usual grant was not awarded to us. This was a Government of Alberta grant which is experiencing the same cutbacks that you hear of in other areas. We are continuing to seek funds from other granting agencies but are also creating other opportunities for the community to walk with us and be recognized.

Engraved Brick Program

This spring we are offering the opportunity to buy an individually engraved brick which will be housed at the entrance to the garden near the ball diamond. For the sum of \$100.00 you can acquire a brick. Each brick will have a message up to 40 characters (all capitals) of your choice (subject to board approval) on the brick. More information on donating in this way and having your name memorialized in our walk of fame is available at <https://www.bgss.ca/donations>

We welcome your support in whichever way you can, donations for the bricks, volunteer hours or just coming to the garden and advertising us by word of mouth. We will be providing weekly updates of the garden highlights, flowers in bloom etc. beginning in May. Keep current through our website <https://www.bgss.ca/>

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- The two zodiac signs in March are Aries (March 21 - April 19) and Pisces (February 19 - March 20)
- March is named after Mars, the Roman god of war.
- Spring arrives in March! This year it falls on March 20.

Silver Springs Winter Programming

Silver Springs (SSCA) 403.288.2616

- Fun & Games: Mondays 1:30 to 3:30pm
- Senior's Yoga: Mondays 10:25 – 11:25 Registered or drop-ins welcome.
- Active Older Adult Fitness Class: Tuesdays/ Thursdays 9:15 – 10:15am
- Pickleball: Tuesdays and Fridays 1:30 to 3:30pm Drop in fee \$5
- Bridge Practice Group: Wednesdays 12 - 3:30pm Drop in fee \$2. This group requires participants to have taken beginner lessons and/or have some previous playing experience. There is an expectation that we will learn and improve together by following the guidelines in Audrey Grant's Bridge Books. As part of this group you require a Silver Springs membership.
- Line Dancing: Thursday 1:00 to 2:00pm Improver level. Registered and drop-ins welcome
Thursday 2:00 to 3:00pm Beginner level. Registered and drop-ins welcome
- Seniors Yoga: Fridays 11am – Noon . Class registration required

West Valley Softball 2020

Registration is open for the upcoming 2020 season. West Valley is the designated softball program for children in your community wishing to play softball. West Valley offers a Learn To Play program for children born between 2015-2012 and a softball program for those born 2011-2001. The softball season runs late April to mid- July. For more information check out the West Valley website www.westvalleysoftball.com , email me at ssca2@shaw.ca or give me a call at 403-288-2616. West Valley happily accepts JumpStart and KidSport funding. Call for more information.

West Valley Softball 2020- Registration is open!

www.westvalleysoftball.com

Age group	Birth yr	Game days	Price
U10	2011/2010	T/Th	\$275
U12	2009/2008	M/W	\$300
U14	2007/2006	T/Th	\$330
U16- U19	2005/2004/2003/2002/2001	M/W	\$330
LTP Group 1	2015/2014	M/W	\$120
Group 2	2014/2013	T/Th	
Group3	2013/2012	M/W	

Silver Springs Scouts

Our youth members have been busy learning their Winter Skills and are ready for the spring season. Do you have any community projects we can help with? We are looking for new ways we can be of service to the community. Questions, Comments, please forward to 159scoutpopcorn@gmail.com

In Our Community

LEGO Competition 2020

Another great LEGO event has come and gone and I hope you had a chance to stop by and check out all the wonderful entries. Our competition has truly become a City wide event with entrants from over 30 Calgary communities taking part building amazing entries for our 14th Annual LEGO event. With 130 entries this year, we had another great showing of the creative uses of LEGO.

A big Thank You to our event sponsors: Bricks4Kidz,

LEGO COMPETITION WINNERS 2020

All 1st place winners can please pickup their prizes at the concession

FAMILY BUILD	1st	2nd	3rd
2 - 7 age group	James Bennett	Andrew Dotchin	William Cunningham
8 - 12 age group	Jude Kern	Sophie Grevers	
13 - 17 age group	Loic/Erwan Floch-Anderson	William Joo	
TRANSPORTATION	1st	2nd	3rd
2 - 7 age group	Dori Pysyk	Andrew Dotchin	Marae Nelson
8 - 12 age group	Thomas Grevers	Emmett Pring	Nigel/Elliot Nice
13 - 17 age group	Romin Banijamli		
STRUCTURES	1st	2nd	3rd
2 - 7 age group	Alessandro Varano	Edie Pysyk	Margo Shortridge
8 - 12 age group	Blake Van Kessel	Karsten Van Den Berg	Giovanna Ishmael
13 - 17 age group	Nikko Neubauer	Rishi Thaker	Sami Mohammad
COOL SCENES	1st	2nd	3rd
2 - 7 age group	Emmett Johnson	Aubrey Rocky	Quinn Chomistek
8 - 12 age group	Finn Mccoy	Nathan Binu	Alexa Milliner
13 - 17 age group	Max Bowen	Fredrik Wood	James Joo
MYSTERY BUILD- MONOCHROMATICE BUILD- JUDGES FAVOURITE:			
	Stephen Joo		
Adult Category Winner (as chosen by the voters)			
	Thomas Reyes- Star Wars battle ship entry		

Two Jack-Engraving and Awards Inc, LEGO Store and Calgary Lego Train Club.

Thank you to our judges: Troy Marshall ,Stephen Joo and Keith from Bricks4Kidz. They had the difficult task of awarding first, second and third place ribbons.

Thanks to our event volunteers: Kay and Terry, the whole Joo family, and Cindy. More photos can be found on our website: www.silverspringscommunity.ca



In Our Community

Silver Springs Edible Garden Group

There are no gardening mistakes, only experiments. — Janet Kilburn Phillips

We might be looking for YOU!

Do you have design ideas for outdoor furniture? Is wood-working one of your hobbies? Have you ever built a 'Little Library', or want to build one? Do you have any suggestions for natural outdoor creative play structures for kids? If your answer is 'yes' to any of these questions, the Silver Springs Edible Garden Group would love to hear from you!

As part of the garden expansion project we want to create a space that will be enjoyed by everyone. This is a great way to become involved in our community. And if this is your business, what a fantastic opportunity to increase your visibility! Please send us an e-mail at: silverspringsgarden@gmail.com

Gardening season is just around the corner and we at the Silver Springs Edible Garden Group are feeling excited! This year we continue the expansion of the garden site with the addition of the all-season "Gathering Place & Food Forest". Phase One of this project was completed in October of last year and included the removal of sod outside the current fenced area, the construction of planting beds and walkways, the addition of mulch, gravel and topsoil, and the completion of a base for the new storage shed.

Phase Two will include the construction of the new storage shed, seating area, trellises, Little Free Library, and seed share box – and we need your help! Volunteer assistance will also be needed for planting fruit trees, shrubs, herbs, perennials, and for amending topsoil. If you are interested in helping out, please email silverspringsgarden@gmail.com. Work parties are scheduled for May 2/3, May 9, May 23/24, and June 6/7.

*The Edible Garden Group can offer a tax receipt for any materials or services offered 'in kind' and cash donations towards this project. The donor's name or company name will be permanently displayed at the garden on a commemorative plaque.

The Grand Opening of the "Gathering Place & Food Forest" as well as the Edible Gardens' 10th Anniversary Celebration will take place June 13, 2020 in the gardens. What a big year we have ahead!

As always, if you are interested in joining the Silver Springs Edible Garden Group, please email silverspringsgarden@gmail.com to be added to a waitlist for 2020.

THE SILVER SPRINGS SPIRIT

"The Fine Art of Deadheading"

with Sami Ladner-Zech of Garden Essentials
www.gardenessentials.ca

The Edible Garden Group will continue to partner with the Botanical Gardens of Silver Springs this year to offer the 'Growing Connection' Garden Speaker Series – a series of speaking events on various gardening topics, open to the public.

Our first event takes place March 18th, 2020 @7:30pm:

Sami brings her formal training in art and design and her artistic style to 'Garden Essentials' as Managing Partner of the Maintenance & Custom Potting Division. She is a practically trained gardener, born and raised in Calgary, and understands the unique micro-climates of our beautiful city.

A refreshing perspective on creating beautiful annual container plantings!

- How to maintain & enhance your containers with refined deadheading skills, editing overgrowth, & manipulating the shape of your annuals
- Specialized deadheading tools will be available for purchase at the garden talk

Silver Springs Community Centre 5720 Silver Ridge Drive NW. @ 7:30 pm | Tickets: \$15 at the door
www.bgss.ca | www.silverspringsgarden.wordpress.com

Silver Springs School News

Silver Springs Open House Tuesday March 10, 2020

On Tuesday March 10 from 5-6 pm, Silver Springs School will be welcoming families in our community to our Open House. New families to kindergarten are welcome as well as anyone in our catchment area who may be thinking of registering here for the fall.

We will start at 5:00 pm with a short presentation that our school council has developed that highlights our culture of care. Following that, the administration team will take families on a tour of the school and we will finish with a Q and A session in the library.

Adult guests are welcome to stay for the school council meeting that starts at 6:30 pm. Please RSVP if you plan to attend so we can plan for snacks. Email: Silversprings@cbe.ab.ca

Nancy L. Brown, Principal, Silver Springs School



Suburban Journals
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In Our Community

Norwest Soccer Refereeing Clinics

Teens, are you looking for a job? Refereeing will offer you the opportunity to develop life skills, establish self confidence, keep you fit, and enjoy the outdoors. And, you actually get paid for each game you referee! Space is limited so register early. We are in need of older teens/adults to referee our U16/18 team!

Register beginning March 2ND

Refereeing Basics

- Saturday, April 25 1 – 2pm
- Session will be held at the Silver Springs Community Centre
- Cost: \$50 - includes a ref kit, whistle, and referee jersey. 100% of the fee will be refunded once you have refereed three community games and you have attended the training.
- This introductory workshop for first time referees is geared towards learning the beginner concepts of refereeing. We will review referee requirements and rules based on the FIFA soccer laws.
- After completing the course, you will be eligible to ref Norwest's U10 House League games. You must be at least 12 years of age (born in 2002 or earlier) to register. You must attend the class to ref this season.
- U10 refs receive \$20 per game refereed.

This is not a certified training course from the Alberta Soccer Association.

Fundamentals of Refereeing for 11 Aside Soccer

- Saturday, April 25 2:15 – 3:30pm
- Session will be held at the Silver Springs Community Centre
- Cost: \$50 – includes a ref kit, whistle, and referee jersey. 100% of the fee will be refunded after you have attended the referee workshop and you have refereed three community games.
- This workshop will provide a review of referee requirements and rules based on FIFA soccer laws, including fouls and off-sides. It is geared towards refereeing U13, U15, and U16/18 House League games. This course is suitable for returning referees who want a refresher, or new referees who are eligible to ref the older age groups. You must attend the class to ref this season.
- U13 games earn refs \$25, U15 games earn refs \$30 and U16/18 games earn refs \$35 per game.

This is not a certified training course from the Alberta Soccer Association.

To register for either class, please call the Silver Springs Community Association at 403-288-2616. Register beginning March 2nd.

Northwest Warrior Hockey News

Wow the month of February just flew by. There have been some exciting things going on in the last two months with Northwest Warriors Hockey.

In January our teams made a very strong show in Esso Minor Hockey Week. We would like to congratulate the following teams for their efforts during Esso Minor Hockey Week:

Semi-Finalists: Atom 2, Atom 3 White, Atom 6, Peewee 5 White and Midget 1

Our Silver Medal Winners: Atom 1, Peewee 1 and Peewee 2

Our Gold Medal Winners: Atom 5 White, Peewee 3 Red, Midget 2 and Midget 3

It was an amazing effort by all of our teams and we are extremely proud of all the kids!

February marked the final month in the regular season and our teams were perfecting their game in anticipation of the playoffs. They were squeezing in as much ice time as possible. The regular season ended on February 23th and playoffs started on February 25th. We wish them all the best of luck!

The end of February also heralds the beginning of an event that is very dear to our hearts: The Georgie Bamber Tournament of Champions. This hockey tournament for Timbit players (5 & 6-year-old stars) is in its fourteenth year, and just keeps getting better and better. We are fortunate to be able to have the Bamber family be part of our opening festivities. The kids are having an amazing time playing the game Georgie loved so much. We look forward to many more years of hosting this wonderful event. If you would like to know more about Georgie, his story is posted on our website (www.nwwarriorshockey.com).

Thank you again to all our dedicated volunteers within the Northwest Warriors. It is their passion and enthusiasm that makes our association such a great place to play hockey.

The Northwest Warriors

DID YOU KNOW??

Your odds of finding a four-leaf clover are about 1 in 10,000.



Norwest Soccer 2020

Do you enjoy soccer?

Do you like community activities close to home?

Do you like having the opportunity to walk or bike to your activities?

Do you like the opportunity to play with friends and neighbours?

Volunteers needed! Norwest soccer is a volunteer run program requiring lots of volunteers: coaches, age group coordinators, equipment helpers, etc. Please choose to volunteer this season.

Norwest Soccer is a community soccer league for Silver Springs and Scenic Acres residents. We provide community soccer for ages 3yr – 18yrs. We can only guarantee spots to those who register by March 15/20

Why choose community soccer for your family? Our games are played close to home on community fields which you can walk or bike to. You can be on teams with your friends and neighbours. Enjoy less travel and lower registration fees. And enjoy the lovely Spring weather! NORWEST SOCCER 2020 SEASON- opens Feb 1st www.norwestsoccer.org

AGE GROUP	YR OF BIRTH	PRACTICE DAY	Prices
U4	2017/2016	M/W	\$75
U6	2015/2014	M/W	\$75
U8*	2013/2012	T/TH	\$75
U10B/G	2011/2010	Boys T/TH Girls M/W	\$105
U13B/G	2009/2008/2007	Boys T/TH Girls M/W	\$110
U14B/G	2006/2005	Boys T/TH Girls M/W	\$110
U16/18 (Mixed)	2004/2003/2002	T/TH	\$110

U8 teams will be split into teams based on gender. The hope is to have each group of children play within their own community. However, if there are not enough teams we may have to have SS and SA teams play each other. Player requests only from co-coaches and team managers.

Season runs: April 27 – June 25

Facilities To Rent

Silver Springs Community Centre has a wide variety of rooms to rent. We are able to accommodate almost all your meeting and function needs, whether it is a wedding, party, family reunion, workshop, seminar or meeting. A/V equipment for rent for Sunset and Board Room. More information and photos on our website or call 403-288-2616 to see how we can accommodate you.