

OUR COMMUNITY'S VOICE

MAY 2019

The HAWKWOOD



Hawk Eye

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In Our Community

President's Message

Hawkwood Clean-up

As you read this, the City should have completed the entire street sweeping in Hawkwood, which was slated to begin in mid-April. Hopefully Mother Nature is cooperating and we can all get our lawns and gardens ready for the growing season. Green bins are being picked up weekly now; we should have enough room to put our spring cleaning in them. If not, you can get compostable paper bags; or if you have a lot of branches and organic matter, Spy Hill landfill is a close and great place to take the material. Now that the outdoors is cleaned up, we can look at our houses and see if there are any items that others would want, so we will have our annual Parade of Garage Sales on Saturday, June 1st. Sponsored by the Bain Team at HomeLife Central, complimentary loaner signs will be available for the day. Then, one week later on Saturday, June 8th from 9am until 2pm, we will have our annual Community Clean-up at Hawkwood School. It will be very similar to past years' events with Blue, Green & Black bin drop-off available as well as other recyclers such as electronics and metal. Gently used materials will be accepted for donation to people in need. Details on both events will be coming up in the next Hawk Eye edition, on our website (www.HawkwoodCA.com), and on our Facebook page.



Hawkwood Soccer

Our house league soccer program is starting in late April and the Hawkstone Park will be a busy area on Monday & Wednesday evenings. We have had a really big turnout this year and I expect that there will be a lot of vehicle and foot traffic in the area. Please adhere to all Playground speed limits and parking restrictions – don't block any driveways or the bus stops – and make sure everyone crosses the streets safely. If you can, pack a wagon or stroller and walk as a family to the games to ease the congestion in the area. Above all, have fun!

LEAF

The planters and entrance features will be planted soon, if they haven't been already, turning our community back into a colourful place to live, work and play. This is Hawkwood's second year essentially running the maintenance and irrigation on most of the green spaces & boulevards in Hawkwood. Mark, on our HCA Board, did a fantastic job last year in our inaugural go

Continued on next page

In Our Community

President's Message Continued...

at it and he's up to the challenge of improving upon last year's effort! If you see something that is not up to standards on our public green spaces, drop Mark a line at Leaf@HawkwoodCA.com . Also, this year is our 5-year reaffirmation vote for the LEAF program. If you like what you see and you want the LEAF program to continue, then keep an eye on the Hawk Eye for the date to vote to keep it.

Kevan Newman
President, Hawkwood Community Association

Councillor Report

As the weather warms up, more potholes develop along our city's 16,000 kilometres of paved streets and 2,900 km of back lanes. Repairing potholes is a priority when maintaining Calgary's roads. Work begins as soon as temperatures reach seasonal averages, and continues through the summer. Dry pavement and warm weather is needed for a lasting fix. In residential areas, we rely on citizens and City crews to report concerns. Please submit an online service request to report potholes in your community at calgary.ca/potholes.

The City is in the process of street sweeping the material left behind from winter. A parking ban is in effect when Street Sweeping community signs with "No Parking" symbols are placed around a community during Spring Clean-up. Any vehicle that has not been removed from the street in the area is subject to ticketing. Vehicles are also subject to be towed if the "No Parking" signs are placed along the road. These signs will be placed at least 12 hours prior to street sweeping. For more information, visit calgary.ca/sweep.

Neighbour Day is quickly approaching. Held annually on the third Saturday of June, Neighbour Day is an opportunity to get together with your neighbours and celebrate Calgary's strong community spirit. This year, Neighbour Day falls on Saturday, June 15. The City is once again waiving its greenspace booking fees for approved Neighbour Day events taking place on June 15. As of January 1, 2019 The City has waived fees for block party permits. Please note the deadline to apply for these permits is May 24, 2019. For more information on Neighbour Day, visit calgary.ca/NeighbourDay. You may also inform my office of planned Neighbour Day events at ward02@calgary.ca.

Joe Magliocca, Councillor, Ward 2

Getting Hawkwood Community Info

When You Want It, How you Want it

Did you know that in addition to the Hawk Eye there are a number of other ways you can keep up-to-date with all the happenings in Hawkwood?

Website: Check out the latest at www.hawkwoodca.com

Facebook: Like or follow our Facebook page <https://www.facebook.com/Hawkwood-Community-Association-1592475421020917/>

Email: Not big on Facebook? Rather receive an email about upcoming events? Then email us at programs@hawkwood.ca and we will email you the information.



HAWKWOOD
Community Association

Membership Application

2019 Memberships can now be purchased online at www.hawkwoodca.com

Memberships are valid for 12 months from purchase.

You can pay for your membership on-line using Interac, Visa or M/C.

For more information, email memberships@hawkwoodca.com

Name: _____

Mailing Address: _____

Postal Code: _____ Home Phone: _____

Email Address: _____

**\$30 cheque payable to the
Hawkwood Community Association**

Please fill out this form and mail or drop it off with payment to:
The Hawkwood Community Association,
P.O. Box 62011, Hawkwood RPO, Calgary, AB T3G 5S7

Fitness at the Uplands

NEW - Coming this Spring!

Cardio Tennis at the Uplands

** NO TENNIS EXPERIENCE NECESSARY **

** ALL EQUIPMENT IS PROVIDED **

- Cardio Tennis is a fun group activity for adults, at any playing level, looking for a fun way to burn calories & interact with others outside of the gym.
- Cardio Tennis is a high energy fitness program that combines the best features of the sport of tennis with upbeat music, cardiovascular exercise, games and skills, delivering the ultimate full body, calorie burning aerobic workout.
- Cardio Tennis includes a warm-up, cardio workout, and cool down phases. If you want to find a healthy, new way to get in shape and to burn calories, you ought to try Cardio Tennis.

FREE Demo Classes being run in May (must pre-register; space is limited):

- Tuesday, May 14th, 2019 from 2:00-3:00 pm; and
- Thursday, May 16th, 2019 from 2:00-3:00 pm.

REGISTERED program starts in June:

- Tuesdays 2-3 pm – June 4th to Aug 27th (13 weeks)
- Thursdays 2-3 pm – June 6th to Aug 29th (13 weeks)

All classes take place on the upper tennis court at the Uplands Recreation Centre, 20 Hawkside Road NW. Both Uplands residents & non-residents are welcome to join!!

For more information, or to register for the demo classes or Summer session, please email Dawn at fitnessattheuplands@gmail.com

Also This Spring! Kids' Tennis coming to the Uplands this Summer ... Stay tuned for more details.

Child Care Registries

We would like to start some registries here in Hawkwood, to help people make connections around child care. If you are interested in participating in a Babysitter Registry, a Day Care Registry or a Before/After Care Registry please email us at programs@hawkwoodca.com

We would like to include both people offering care and those looking for care!

* PLEASE NOTE participation in this program will require a Hawkwood Community Association membership - but at \$30 it is a fantastic deal!

THE HAWKWOOD HAWK EYE

Neighbour Day is June 15th - Send us your Pictures!!!

Neighbour Day is an opportunity to get together with your neighbours and celebrate Calgary's strong community spirit. It began in 2014 to celebrate the incredible outpouring of support and generosity neighbours demonstrated after the 2013 floods and has evolved into an annual celebration of what makes Calgary such a great city – our strong and caring communities.

If you are having a block party, a tea party, or just a spur-of-the moment gathering with your neighbours on Neighbour Day, please send your pictures to hawkeyenews@shaw.ca and we will feature them in an issue of the Hawk Eye. Your HCA Board is eager to get some inspiration and feedback from the community so we can work on putting something into action for next year's Neighbour Day!

8th Annual Parade of Garage Sales Saturday June 1st, 2019

It's that time again! The Bain Team of HomeLife Central Real Estate Services is hosting the 8th annual Hawkwood Parade of Garage Sales. On June 1st, 2019 between 9 am and 4 pm, pull out all that stuff you no longer need and sell it off. Register your home by emailing info@homelifecentral.ca with the subject line POGS. Last year we had 40+ homes participating - let's top that this year!

We look forward to a busy day of garage sales!



Spring LEAF Update

Interpretive Plant Walk in Hawkwood

The Hawkwood Community Association and Wisewood Apothecary are excited to bring you a guided Interpretive Walk in Hawkcliff Park! We will explore fascinating and intricate plant life right here in Hawkwood. Anyone (including children) will enjoy the content of the Plant Walk, and those who are already plant savvy will certainly appreciate the quality of the information. The pace is slow and not strenuous. Sustainability and conservation are at the core of the walk, so we will try to clean up litter that is encountered along the way. A hot beverage will be provided too!

This is a completely FREE event.

WHEN: Saturday May 25 at 10:00am

WHERE: Hawkcliff Off-Leash Park

Meet at the west side of the park on Hawkcliff Way across from Hawkcliff Gate.

Look for the HCA signs!

Monetary donations will be accepted by Wisewood Apothecary, whereby proceeds will go towards deserving charities that work to better the environment, food, and health. www.wisewoodapothecary.com

Our winter displays complemented our never-ending cold winter which actually preserved their appearance longer than expected. They are scheduled for removal in early May with the spring clean up on the medians expected to be completed by then too. Flowers are expected to arrive at the beginning of June. It may seem like a bit of a wait between the May Long Weekend and their planting since the long weekend is early this year. The planting will still coincide with the best bet of the beginning of frost-free nights.

Some LEAF feature bed plants that have been lost over the years will be replanted as well.

Irrigation in parks that are between 0.2HA and 0.7HA will be similar to what was provided in 2018 although a slightly longer duration is hoped for. Parks that are larger than 0.7HA will still be irrigated by the City of Calgary. Unfortunately parks that are smaller than 0.2HA will remain ineligible and OFF under Calgary guidelines.

Last year the sports field located at Hawkwood School and the community Hawkstone Soccer Field fell below Calgary Parks minimum booked usage levels for Calgary Parks to provide shorter and more frequent mowing

cycles. We anticipate this may be the case again this year. Even though this is not part of the LEAF mandate, the HCA LEAF program will endeavour to cut the sport field sections at a lower height during the regular scheduled LEAF mowing cycles. Unfortunately we will not be able to provide any additional cycles. If your organization uses these fields, we encourage you make the bookings on these fields so the City can use tangible data to justify enhanced sports field care once again.

2019 marks Hawkwood's 15th LEAF program year. By 2004, the community was seeing the negative results of Calgary Parks gradual reduction in services to help keep property taxes in check. The LEAF program, or "Landscape Enhancement Appreciation Fund", was a way for Hawkwood residents to see 100% of the \$65 annual Leaf Tax Levy go DIRECTLY towards Hawkwood, that is in addition to the funds that the City would have spent on services here. It was voted in to the community exceeding the required 2/3 majority.

It's difficult to envision what Hawkwood would be like without LEAF.

With LEAF:

- weekly mowing
- median watering in droughts
- spring and fall clean up, and post-windstorm clean up
- entrance flowers and park shrub beds
- 87 flower planters
- irrigation in parks (0.2Ha to 0.7HA)
- winter features in all planters
- direct and immediate control on what needs attention
- volunteer run by people that want to make a difference in the community

Without LEAF:

- monthly mowing
- no median watering
- no seasonal clean ups
- no flower features at entrances
- no flower planters
- no winter features
- no irrigation in parks (except for the 2 large sports fields)
- areas of needed attention placed on a City-wide priority list

Every 5 years the Community Association holds a re-affirmation vote and 2019 is one of those years. Expect to see more about this soon. Until then, enjoy the vibrant colour and texture that will fill our community!

LEAF

Hawkwood Soccer

Hawkwood Soccer begins at the end of April and this year we have seen a big increase in the number of participants, especially in the U4 group. It is very exciting to see such growth in our program and we hope the trend continues.

Team pictures will be on Friday, May 10th from 5-8 pm at the Uplands Recreation Centre. The U4 group will have the earlier time slots and the U8s will have the later time slots. When you receive your team's time slot, make sure that you arrive early as the photographers only take about 10 minutes to do each team. It is a very tight timeline to get all 150 kids through in three hours, so if you are a few minutes late you may miss out on the team picture completely. If you do miss your time slot, you can still come for the individual picture, but your child will be missing from their team picture.

Remember to save the date for the soccer wrap up party on June 22nd. We will have music and games for the kids and a barbeque picnic out at the Hawkstone Fields.

Just a reminder that for the first month of soccer the weather can be all over the place. We try and get out on the field as much as possible, so we will still play even when it is chilly, windy or drizzling. Please dress accordingly! We generally only cancel games if there is lightning or standing water or snow on the fields making it too dangerous to play. You will be emailed around 5:30pm if we are cancelling soccer for the evening.

I also want to thank our major sponsor Crowfoot Vision Centre for their continued support!
See you out on the field!

Shannon Erno, Soccer Director

Brewsters Neighbour Nights

Our next "Hawkwood Night" at Brewsters Neighbour Nights is **Thursday June 13th**. We hope you will join us and other fellow Hawkwoodites for a fun evening with Happy Hour Food and Drink Specials. We've had fantastic turnouts at our last two Hawkwood Neighbour Nights, and we hope to see even more people on June 13th. It is as simple as coming from 7 pm-close and showing your proof of Hawkwood residence. it is a great way to get an evening out at a reasonable price and meet some of your fellow Hawkwood residents! We'll see you there. * **Bring your proof of residence - reservations are recommended!** *

THE HAWKWOOD HAWK EYE

Hawkwood Babysitters

Need a Babysitter?? Hello, my name is Abigail Vass and I have just taken the Babysitting Course with my friend Isabella Moran. We love children and would love to have the opportunity to babysit for you. Both of us live in Hawkwood. I am 11 years old and love sports and art; Izzy is 12 and loves dance and acting. We both have lots of experience taking care of siblings and little cousins. Thanks for your support. Please contact me at 403-374-1914 if you are interested in meeting us.

Why Buy an HCA Membership?

Your membership fees support the work of the Hawkwood Community Association to provide facilities, services, and programs to benefit our entire community:

- Building and maintaining the skating rinks, playgrounds, community garden and path systems
- Organizing free social events such as Picnic in the Park & Sundaes on Sunday
- Delivering community information to your door in the Hawkeye and online through www.hawkwoodca.com providing a forum for discussing neighbourhood issues, challenges and opportunities

Memberships are valid for 12 months and are required for Soccer registration and voting at the AGM. For a mere \$30, you can make a big impact in helping your community. memberships@hawkwoodca.com

Did You Know... These Facts About May

- The birthstone of May is the emerald.
- The birth flower is the Lily of the Valley.
- The two zodiac signs in May are Taurus (April 20 – May 20) and Gemini (May 21 - June 20).
- May was named for the Greek goddess Maia. She was the goddess of fertility.
- May was once considered a bad luck month to get married. There is a poem that says "Marry in May and you'll rue the day".
- In any given year, no other month begins or ends on the same day of the week as May does.
- Mother's Day is celebrated on the second Sunday of May

Trivia Night - The 80's

Well, we had quite the night at our second HCA Trivia Night on March 15th. A full house of trivia lovers did their best to answer some pretty challenging 80's Trivia with the goal of taking home the coveted HCA Trivia Cup. It was very close but, in the end, Team Under Pressure came out on top narrowly defeating Team Knight Rider. Team Indecisive overcame their name to come in third.



Big thanks to all who made it out and big thanks to Brewsters for donating the prizes.

Planning will begin soon for the next Trivia Night. If you have suggestions for a theme please email us at programs@hawkwoodca.com



Team Under Pressure - 1st Place



Team Knight Rider - 2nd Place

Canadian Red Cross Stay Safe Course

Just in time for summer...

We are excited to offer the Canadian Red Cross Stay Safe course right here in Hawkwood, on June 1st, 2019! This course introduces youth learners to the all-important steps of staying home alone safely. Being home alone can be an uncomfortable and unsafe situation without some basic skills. Safety, first aid, and comfort skills are covered in this course through interactive games and role playing.

COURSE CONTENT

- The importance of responsibility and respect while being accountable for yourself
- The importance of setting and following safety rules when on your own
- How to stay safe at home and within the community
- How to prepare for, recognize and respond to unexpected situations (e.g., inclement weather, strangers, and unanticipated visits)
- Basic first aid skills

Participants will earn a Red Cross Home Alone Certificate. This course is recommended prior to taking the Red Cross Babysitting Course.

Date: June 1st, 2019

Time: 10:00 a.m. – 12:00 p.m.

Location: Uplands Recreation Centre, 20 Hawkside Road NW, Calgary

Cost: \$45 HCA Members/ \$50 for Non Members

Age: 8-12 years old

To register email us at programs@hawkwoodca.com



Team Indecisive - 3rd Place

Hawkwood School Council Springtime News

We are all smiles as we put away the snow boots and pull out our rain boots! In between all the puddle jumping, a lot of planning is going into fun events for everyone connected to our Hawkwood School community.

First, all Hawkwood School volunteers were honoured during the annual Volunteer Tea hosted by the school on Thursday, April 25th. It was a great opportunity to meet fellow volunteers and realize the positive impact volunteer work has on our school community. Gratitude filled the air, not to mention tasty treats, coffee, tea and door prizes donated by local businesses.

As for special events, Friends of Hawkwood School Society and Hawkwood School Council are planning one last Movie Night on Thursday, May 2nd (feature presentation yet to be determined... stay tuned!) and a year-end Sports Day & Family Picnic on Friday, June 21st.

On a final note, we'd like to share an ongoing partnership the Friends of Hawkwood School Society has with Oliver's Labels, who provides quality labels for belongings that can be personalized, are waterproof and laundry safe. When you use our school's link - www.oliverslabels.com/Hawkwood - Oliver's Labels gives back 20% of sales to the Society who invests all proceeds back into programs and resources to enrich the educational experience for students at Hawkwood School. With spring sports and summer camps on the horizon, now is a great time to order some labels and ensure your kids make it back home with all of their supplies.

You can stay up-to-date with Hawkwood School Council and our Society by reading our blog at hawkwood-school-council-and-society.blogspot.com and following us on Instagram @hawkwood_school_council and on Facebook.

Happy Spring!

Girl Guides News

The Calgary Wildlife Rehabilitation Society made a visit to our Girl Guide Unit 278 a few weeks ago. They are an amazing organization that teach us urbanites about how wild animals live among us and how we often impact their lives. We learnt so much... that skunks use their spray as a last resort because when they do, they are depleted of their defenses for over a week! And that porcupines are the sweetest little things that rarely don't want to hurt a soul. They also CANNOT throw their quills as so many of us think. Rather, they 'stop short' and let us or our furry friends run into them and hence the quills get stuck in us. OUCH! SO many cool facts. However, Lito – the Swainson's Hawk, STOLE the show!!! His keeper calls him a rebellious teenager. He was so full of spunk and character and really seemed to be having fun. As you would imagine, all of the residents of the CWRS are there because they are not able to survive on their own in the wild. Lito had broken his wing as a tiny bird and he was never able to fly after it healed. So, he teaches us all about how he lives, what he likes to do, and some fascinating things about his feathered friends.

*Terri Poirier - Girl Guide Leader - Unit 278
Calgary, Wichewakn District*



Spring Brings Second Place Finish for 4-H Club

This spring, the members of the Prairie Winds 4-H Club have been continuing to explore new areas of interest, including a Petland tour for the Cleaver Kids (ages 6-8) and a Glass Fusion workshop for the Junior, Intermediate, and Senior members.

The Petland workshop allowed the kids to learn multiple things. Not only did they see the different types of food and variety of flavours for various animals; but they were able to hold and pet them as well. They were able to pet Jack the Cat, have birds sit on their fingers, pet the hedgehog and bunnies, and learn about different insects and fish.

The following day, the older members were introduced to glass in art and taught different techniques of working with glass at a glass fusion workshop. They tapped into their own creativity as they designed either a plate or a tree of life art piece.

This year, several members also gained valuable experience as they participated in various levels of public speaking through their involvement with the Prairie Winds 4-H Club. The Calgary Regional Competition was held in Strathmore on Saturday, March 23rd and Caleb and Emmett Donner were honoured to participate in this competition after advancing from the club, area and district levels. Their seven and a half minute presentation on "Backyard Fun" (building and using a backyard ice rink) entertained both judges and audiences, and the boys were awarded second place.

In April the members participated in a gelato making and tasting workshop and look forward to their annual cleanup weekend at the Battle Lake 4-H Centre at the beginning of May.



Play With Me Please!

As grandparents or seniors, when we hear a child ask us to play, do we think about how we played as children? Or do we think that we don't know how to play in today's fast paced, electronic world? Exploring outside, making up games and stories with friends, spending afternoons building elaborate structures with sofa cushions and blankets or making mud pies in the back yard; these are all still wonderful ways to play. We know that spending time outside and in natural settings builds better brains and that positively connecting with other people helps children learn social and emotional skills. Having sensory experiences encourages connections in the brain and helps children with more complex learning later in life, (like reading and writing). Using imagination to transform pillows and blankets into a pirate hideaway or a princess castle promotes problem solving, language development and cooperation.

So, the next time a young child in your life asks you to play, think back to your childhood and jump right in! You can make a difference in a child's life just by taking the time to play; the most important thing is to be available and enjoy the experience!

For more information on children's brain development watch the video The Core Story of Brain Development at <https://www.albertafamilywellness.org/resources/watch/how-brains-are-built-core-story-of-brain-development>

If you are passionate about children and their future, and would like more information about the Calgary NW ECD Coalitions, or if you have any questions, please email us at: nwecdcoalitions@gmail.com.

Calgary NW Early Childhood Coalitions



Hawkwood/Citadel Scouts News

Another fun year of Scouting has come to a close – how quickly this year has passed!

I would like to send out some greatly-deserved thanks:

Parents – Thank you for realizing the value of Scouting by enrolling your children and for supporting your child in the various Scouting activities and fundraisers throughout the year.

Volunteers – Thank you to everyone who has given up some of their precious time to help us with our successful Scouting program, whether it's being a camp helper, a neckerchief sewer, or a popcorn sorter! We know everyone has busy lives and it can seem daunting to volunteer for something you might be unfamiliar with, but we really appreciate those who step up to the task and appreciate each and every moment you've spent helping out our Youth!

Our Communities – Thank you to everyone in Hawkwood and Citadel who have supported us throughout the year, donating bottles and cans to our bottle drives, buying Scouts popcorn, and taking the time to talk to us when you see us out and about in the community. It's wonderful to be a part of two great communities!

Maple Leaf Storage – Thank you for allowing us to continue to store all our gear at a fantastic rate! It's so convenient to have everything in one central location and keeps things easier to organize. And as an added bonus, there are many families that are happy they can finally park in their garages again!!

Our Group Committee – Thank you for running a tight ship and ensuring that the “business end” of our group runs smoothly and efficiently. Your behind-the-scenes hard work is the foundation of Hawkwood Citadel Scouts and is greatly appreciated!

Our Leaders – Thank you to our amazing Leaders who work tirelessly to provide an informative, fun, and varied program throughout the year. You are fantastic ambassadors for the Scouting organization and amazing role models for our children. You put smiles on the faces of so many, you create lasting memories, and you inspire a group of children to be better and do better. As a community member and as a parent of a Scout, thank

you from the bottom of my heart for everything you do for my child, all the children, and our community.

If you would like your child to get involved with Scouts, or if you would like to volunteer with the Scouts, please attend our Registration and Information night in early September (watch for the signs!) – we would love to have you join our group! If you have questions, you can also reach us through our Facebook Page: www.facebook.com/hawkwoodcitadelscouts

Danielle Kiss - Hawkwood/Citadel Scouts

Calgary Fire Department Home Safety Program

Fire safety is an important issue for everyone.

The Calgary Fire Department recognizes the complex needs of individuals with dementia, including the increased risk of home fire hazards.



During a fire, individuals with dementia may find it more difficult to escape or understand the situation.

Common dementia related fire hazards include:

- Leaving a pot on the stove unattended.
- Forgetting to turn off the oven.
- Mixing up the seconds and minutes when using a microwave.

If you are an individual with dementia or caring for an individual with dementia, the Calgary Fire Department can help reduce home fire hazards.

Contact 311

When you contact 311 and request a free Home Safety Visit, Community Safety Officers will visit the residence to:

- Share important home safety information.
- Inspect smoke and carbon monoxide alarms
- Replace and install free smoke alarms and batteries, if needed.

Together, we can help create dementia friendly communities and help individuals with dementia age-in-place safely in their homes.

Calgary Fire Department