

The HAWKWOOD



Hawk Eye

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Day***

**HCA & RCA Lego
Competition
March 2**

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HAWKWOOD

Community Association

P.O. Box 62011, Hawkwood RPO, Calgary, AB T3G 5S7
www.HawkwoodCA.com

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Councillor: Joe Magliocca 403-268-3280, Ward02@calgary.ca
MLA: Michael Connolly 403-216-5444 calgary.hawkwood@assembly.ab.ca
MP Calgary Rocky Ridge: Pat Kelly..... 403-282-7980, pat.kelly@parl.gc.ca

The Hawkwood Hawk Eye

Editor & Article Submissions:

Danielle Kiss..... hawkeyenews@shaw.ca


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In Our Community

President's Message

Soccer Registration

With all this cold weather we've been having lately, it's probably tough to imagine kicking a soccer ball, but registration is open right now for our Hawkwood Community Soccer Program. We offer U4, U6 and U8 teams. Registration is open until March 4, so don't delay as we will only accept late registrations if it doesn't unbalance the teams. Go to www.HawkwoodCA.com and look under the Initiatives tab for the Soccer page. You can register online and don't forget you need a \$30 HCA membership to sign-up for soccer. Also, please sign up for one of the volunteer roles – they are so important to the program and vital to its success. As many of you have heard in the past, when my kids played I volunteered as a coach and I had an absolute blast with all the kids and met some really great parents who I am very good friends with after over a dozen years!



HCA Events

We are working on a couple of springtime events that we do annually: The Parade of Garage Sales and the Community Clean-up. The dates will be finalized, and as soon as we know, we will let you know if and when they will occur. The HCA and the Ranchlands Community Association are hosting a LEGO building competition on Saturday March 2nd at the Ranchlands Community Center. Entries are built at your home in one of four categories & age groups using your own bricks and will be judged that afternoon. Also, Brewsters in Crowfoot are starting a Neighbours Night for communities such as Hawkwood. On specific nights, Hawkwood residents (with proof of residence) will get Happy Hour Food & Drink Specials from 7 PM until close. Our next Hawkwood Neighbour Night is Thursday, April 11th. Our first HCA Trivia Night in January was well-attended, and those that went said they had a lot of fun. Look on our website or Facebook page for more events and updates.

Membership

A lot of the events I just mentioned are offered at a nominal fee to those who attend or participate. And that fee is usually cheaper if you are a HCA member. Memberships can be bought for \$30 and can be purchased online on our website or, if you like to kick it old-school, there is a form in this Hawk Eye that you can fill out, and mail it in with a cheque. Memberships are valid for 12 months from the date of purchase. We are a non-profit, volunteer-driven community association that

Continued on next page

In Our Community

President's Message Continued...

strives to offer events & programs that help make us a better community and your memberships really help us accomplish those goals.

Kevan Newman
President, Hawkwood Community Association

Free Seniors Mobility and Balance Classes

Come and Try a New Class!

Our friends at Uplands Fitness are hoping to add a NEW seniors' class to their spring session of fitness classes, starting in April, 2019. In order to let you try the class out before the session begins, instructor Paola Arboleda is running 2 FREE demo classes of "Seniors' Mobility and Balance" in March.

The FREE classes are being run at the Uplands Rec Centre, in the Lounge (upstairs) area at 1:30 pm on:
Tuesday, March 12th, 2019
Wednesday, March 13th, 2019

There is no charge for the demo classes; however you must pre-register so we have a sense of participant numbers.

Please register by emailing Dawn at fitnessattheuplands@gmail.com with your name, date you would like to attend, and any health issues you would like Paola to be aware of.

This is a gentle class geared towards our senior population. You may do the class seated on a chair, or bring a yoga mat with you to work on the floor. Paola's description of the class is as follows:

Mobility and Balance for Seniors: Gentle form of Hatha Yoga to build muscle strength, improve balance and coordination, increase range of motion through poses that alleviate stiff joints and tightness in muscles. Breath work is incorporated to increase lung capacity bringing more oxygen to body and brain. If you suffer from limited and/or painful joint movement, this class is for you. Chairs will be available to support the practice.

Please take advantage of these demo classes in order for us to gauge interest in adding either a Tuesday or a Wednesday class to our fitness schedule in April.

Hawkwood Babysitters

Need a Babysitter?? Hello, my name is Abigail Vass and I have just taken the Babysitting Course with my friend Isabella Moran. We love children and would love to have the opportunity to babysit for you. Both of us live in Hawkwood. I am 11 years old and love sports and art; Izzy is 12 and loves dance and acting. We both have lots of experience taking care of siblings and little cousins. Thanks for your support. Please contact me at 403-374-1914 if you are interested in meeting us.

Child Care Registries

We would like to start some registries here in Hawkwood to help people make connections around child care. If you are interested in participating in a Babysitter Registry, a Day Care Registry or a Before/After Care Registry please email us at programs@hawkwoodca.com. This would be for both people offering care and those looking for care!

*** PLEASE NOTE** participation in this program will require a Hawkwood Community Association membership - but at \$30 it is a fantastic deal!



HAWKWOOD
Community Association

Membership Application

2019 Memberships can now be purchased online at www.hawkwoodca.com

Memberships are valid for 12 months from purchase.

You can pay for your membership on-line using Interac, Visa or M/C.

For more information, email memberships@hawkwoodca.com

Name: _____

Mailing Address: _____

Postal Code: _____ Home Phone: _____

Email Address: _____

**\$30 cheque payable to the
Hawkwood Community Association**

Please fill out this form and mail or drop it off with payment to:
The Hawkwood Community Association,
P.O. Box 62011, Hawkwood RPO, Calgary, AB T3G 5S7

Winter LEAF Update

We are still more than 3 months away from seeing any flowers grace our community as provided by Hawkwood's LEAF Enhanced Landscape Maintenance Program, but preparations are generally complete.

2019 will hopefully see a repeat of the successful 2018 year which will include an extensive Spring and Autumn clean up, frequent mowing as opposed to the standard monthly cut non-LEAF communities are provided, irrigation in eligible parks between 0.2Ha and 0.7Ha, and of course flowers this spring and winter planters next winter. Tulips should be back this Spring too! Thank you to those who provided feedback on initiatives and areas to focus on. Also, 2018 has proven that the current funding model is stable and sustainable over the long term. This is YOUR community and YOUR program!

Pixie and Bugaboo will continue to care for our community in 2019 with their care, expertise, and value.

We have lost a number of shrubs in the LEAF entrances and beds over the years (the program is 15 years old this year...hard to imagine what Hawkwood was like before LEAF!) and so a rejuvenation is planned this spring since a higher level of ongoing care is now possible too.

Initiatives in progress for 2019 include:

1) adapting to the loss of Sports Field Enhancement the City provided at the School soccer fields and the Hawkstone soccer field (Hawkhill Park soccer areas), and 2) resurrecting the ability to irrigate parks smaller than 0.2Ha.

The LEAF mowing and turf management program is technically separate from Sports Field mowing and turf management. Calgary Parks provides a much higher level of Sports Field care for those areas that meet the booking requirements. Unfortunately Hawkwoods booking numbers have fallen below that threshold and so the shorter, more frequent mowing at Hawkwoods soccer fields are not anticipated to occur. Although this is not a LEAF mandate, we are attempting to see if a hybrid solution is possible between HCA's LEAF, Calgary Parks, and sports field users.

Irrigation has generally been turned off in Calgary's residential parks that are smaller than 0.7Ha. LEAF communities have been given the option to continue to irrigate but pay, include maintenance costs, for these parks provided they are between 0.2Ha and 0.7Ha. Any

park smaller than 0.2Ha of irrigation footprint coverage is not eligible. Again, a relaxation in this restriction is being sought to permit some irrigation not just for the turf but for the drought stressed mature trees within our smallest parks.

Although not a function of the LEAF program, there has been much resident discussion as of late regarding the status of replanting trees after dead mature trees have been removed. Each tree that has been removed has been inventoried by Calgary Urban Forestry. Typically once a number of removed trees within a community accumulates, Calgary Urban Forestry replants all of these at the same time. However, you can make your voice known regarding specific tree replanting by contacting 3-1-1 by phone or online.

A benefit of the LEAF program is to make Hawkwood a desirable place to live and assists in giving property values and property sell-ability a boost in relation to other communities. In the current real estate market every advantage is a big help. Eleven communities in Calgary now have LEAF programs which is a testament to their success. More and more Calgarians seeking homes in Calgary are actively seeking out LEAF communities.

Enjoy everything Hawkwood has to offer in the last breath Winter!

LEAF

Brewsters Neighbour Nights

Our friends over at Crowfoot Brewsters are starting a new promotion to help you meet your fellow community members. A number of evenings over the next year have been set aside as "Hawkwood Nights". On these evenings, from 7-close, show your proof of Hawkwood residence and receive Happy Hour Food and Drink Specials! This is a great way to get an evening out at a reasonable price and meet some of your fellow Hawkwood residents! We'll see you there!

Hawkwood Dates are:

- April 11
- June 13
- August 8
- October 10
- December 12

Bring your proof of residence

Reservations Recommended

Councillor Report

Auto thefts in Calgary continue to be a significant problem in our City. In 2018, there were 5,938 passenger vehicles stolen in Calgary, which is equivalent to just over 16 vehicles per day. Many of these stolen vehicles were taken with the vehicle's own key. During cold winter mornings, many people continue to leave their vehicles running, unattended, resulting in auto thefts that are completely avoidable. The Calgary Police Service reminds Calgarians who are planning to warm up their vehicle to:

- Never leave a running vehicle unattended, if the keys are inside the vehicle or if the vehicle has been started with a keyless ignition or push-button start.
- Use a remote starter whenever possible and keep your vehicle locked.
- Use a steering wheel lock to deter thieves.
- Never leave spare keys or garage door openers in or around your vehicle.
- Never leave children or pets in a running vehicle.
- Report suspicious activity to police immediately by calling 403-266-1234 or 9-1-1 for crimes in progress.

The City is reviewing its Municipal Development Plan (MDP) and Calgary Transportation Plan (CTP), and we need your help. The MDP and CTP are Calgary's long-range land use and transportation plans that look 60 years into the future, when our population is expected to reach over two million people. The Plans help shape how the communities we live and work in grow, develop and evolve over time. Within the next few months, we want to hear what's important to you, and your big picture ideas for making our city even better. Visit calgary.ca/Next20 to find out more about what these plans mean for you and how you can participate.

Joe Magliocca, Councillor, Ward 2

Save The Date June 1st

For all **Home Aloners**, June 1, 2019 is the date for Hawkwood Community Association's next Youth session, geared for ages 10 and up (siblings age 7+ can also register). The class will again be held at the Uplands Recreation Centre, and will feature guidance for:

First-aid (cuts, nosebleeds, burns), coming and going to school safely, comfort skills, the EMS system, fire safety, answering doors and telephones, appliance safety, flooding toilets and general safety are covered in this course through interactive games and role playing.

Registration details will be coming soon!

Spring Fitness Session of Classes at the Uplands Rec Centre

Mind-Body Classes

Yoga Flow - Enjoy movement and flow through a variety of poses to explore flexibility, strength and balance. All levels welcome. Participants are required to bring their own yoga mats.

Candlelight Yoga & Relaxation - Unwind with a restorative yoga session and embark upon a relaxing candlelit journey to give relief to your muscles bones and joints. Gentle poses are held for longer periods, allowing time for release of tension. As the body softens, there is also focus on creating a serene environment in the mind for complete relaxation. This practice will transition you to a peaceful mindset that will allow for better sleep. Participants are required to bring their own yoga mats and a blanket.

Full session pricing is \$8/class for Uplands residents ("R") and \$10/class for non-residents ("NR").

Drop-in Punchcards are available for all classes, and are \$9/class for (R) & \$11/class for (NR). Let me know how many classes you can attend, and we'll customize your Punchcard for you! (*Remember... if you cannot attend all of the classes you have purchased for a specific class, you may use your Punchcard to drop in to other classes in the same session.*)

Yoga Flow – Sat mornings 10:00-11:00 am (12 wks - \$96 (R) \$120 (NR); April 6th to June 29th inclusive (excl Good Friday April 19th)

Yoga Flow – Mon evenings 7:00-8:00 pm (12 wks - \$96 (R) \$120 (NR); April 1st to June 24th inclusive (excl Victoria Day May 20th)

Candlelight Yoga & Relaxation – Thurs evenings, 8:00-9:00 pm (13 wks - \$104 (R) \$130 (NR); April 4th to June 27th inclusive

Register for classes now by emailing Dawn at fitnessattheuplands@gmail.com. Both Uplands residents and non-residents are most welcome!

Information required for registration includes full name, address (only if Uplands resident), phone number where you can be reached during the day and an email address for confirmation purposes.

Hawkwood Soccer

Registration is now open!

Registration for our U4, U6, and U8 spring soccer program is open online at www.hawkwoodca.com under HCA Initiatives. Registration runs until March 4th, after which space will be subject to availability and there will be a late fee charged. If you miss the registration deadline, please contact me at soccer@hawkwoodca.com to see if there are any open spots available.

Hawkwood Soccer runs once per week starting the last week of April and ending the last week of June. Players will be assigned to a team and will play weekly games at the Hawkstone Fields. Registration fees include 10 weeks of soccer, team pictures, a wrap-up party, and a team uniform. You can find all of the prices and details about this season on our website. In order to register, families will also need a valid Hawkwood Community Association membership which can be purchased during registration.

Hawkwood soccer runs a weekly program for the following divisions:

U4 Division

- Games are on Mondays from 6 to 7 PM
- Season runs April 22 to June 24, 2019
- For players born between January 1, 2015 and April 30, 2016

U6 Division

- Games are on Mondays from 6 to 7 PM
- Season runs April 22 to June 24, 2019
- For players born between January 1, 2013 and December 31, 2014

U8 Division

- Games are on Wednesdays from 6 to 7 PM
- Season runs April 24 to June 26, 2019
- For players born between January 1, 2011 and December 31, 2012

Important Dates

- Coach and team manager meeting – Wednesday, April 3, 7-8 PM
- Team pictures – Friday, May 10, 5-8 PM

Volunteers

Our program is entirely volunteer run and so we need support from parents and the community to ensure all roles are filled. Please see our website for descriptions of the various volunteer roles needed. You can select a volunteer role during registration or, if you do not have a child in the program but would like to volunteer with the soccer program, please contact me at soccer@hawkwoodca.com.

We are still several coaches short in each age division and this is the most important role that we need filled to make the season run smoothly. Please consider coaching your child. Training will be provided, and there is no soccer experience necessary - the only skill needed is enthusiasm!

Shannon Erno, Soccer Director

Come and Rent a Garden Bed Be Part of a Community!

Are you aware that Hawkwood has a beautiful community garden? If you are interested in getting to know some community members, enjoying the outdoors and growing your own produce, join us at the garden! Renting a garden bed for the 2019 season is open to all community member so please don't delay! Garden contracts can be found at www.Hawkwoodca.com under the Initiatives tab in the Community Garden section. The cost is \$15 for a 4' by 8' and \$10 for a 4' by 4' with a Hawkwood Community membership. The garden is located in the green space behind Dreamview Village off of Hawkwood Hill and Hawksbrow Drive. Please come and check us out!

Contact us at hawkwoodgarden@gmail.com for all inquiries or check us out at www.hawkwoodca.com under Community Garden.

Why Buy an HCA Membership?

Your membership fees support the work of the Hawkwood Community Association to provide facilities, services, and programs to benefit our entire community:

- Building and maintaining the skating rinks, playgrounds, community garden and path systems
- Organizing free social events such as Picnic in the Park & Sundaes on Sunday
- Delivering community information to your door in the Hawkeye and online through www.hawkwoodca.com providing a forum for discussing neighbourhood issues, challenges and opportunities

Memberships are valid for 12 months and are required for Soccer registration and voting at the AGM. For a mere \$30, you can make a big impact in helping your community. memberships@hawkwoodca.com

Hawkwood School Council Update

The Friends of Hawkwood School Society (Society) and Hawkwood School Council (Council) have much to be grateful for and share with our Hawkwood and Sage Hill Families.

First we wish to thank TD Bank in Dalhousie Station for a generous \$1,000 donation to the Society. Every year our volunteers work hard to raise funds to pay for specialty programs, materials and resources which enhance the educational experience for all Hawkwood School students. We are very grateful to receive support from a neighbour – thank you TD Bank, Dalhousie Station!

At the beginning of December, Council & Society held our first Movie & Pizza Night of the season, which brought over 100 adults and kids alike to the school gymnasium to watch the movie Elf. This was a great way to kick start the holiday season. To follow up, a second Movie & Pizza Night is being held on February 28th, with a final springtime showing scheduled for May 2nd. Movie tickets for these events can be purchased in advance (\$4/person) or at the door (\$5/person). There is always plenty of popcorn and cotton candy on hand for only \$1/treat.

This school year the Society has set up an Indigo Fundraising account. Through this fabulous system, Indigo gives cash back to the Society when someone shops online (3% back) or purchases an eGift card (15% back) from Indigo using our special link: <https://indigofundraising.flipgive.com/f/838900>

If you are a fan of Indigo for yourself or when gifting, please consider using the link above. It's such an easy way to give back to our kids.

In March, we are holding our annual Spring Used Book Fair from March 18th-21st. It's a great way to recycle

used books, so it's good for the environment and gets more books into our kids' hands to encourage literacy. We are currently on the lookout for book donations, especially those for young readers (ages 8-12). Please do not bring textbooks, encyclopedias, or magazines. Used books can be dropped off in the front foyer of Hawkwood School, across from the office. Please stop by and shop as well, as there is a great selection of children and adult books to be read over Spring Break, with all proceeds going directly back to Hawkwood School through the Society. And a big thank you is extended to all volunteers because the Used Book Fair simply wouldn't happen without you!

If you wish to contact Council or Society, you can email us at hawkwoodsc@gmail.com. To stay up to date on what's going on, check out our blog at <http://hawkwood-school-council-and-society.blogspot.com/>

St. Maria Goretti News

Each year we have Carnevale, which is a one day celebration of both the Italian and French languages and cultures. This school-wide event has become a cherished tradition that students, parents and our community anticipates with excitement each year.

During Carnevale, students participate in special activities that focus strongly on our cultural diversity and highlight the Italian and French Cultures. This is a great complement to our Italian Language and Culture programs and supports our French as a Second Language program. Examples of activities include a crepe station (yummy!), gelato, bocce, face painting and entertainment such as the Calgary Italian Dancers.

Leading up to the day students in Italian class learn about Carnevale in Italy. As well, they learn about the Commedia dell'Arte and some of the main characters that are associated with it: Brighella, Pulcinella, Colombina, Pantalone, Arlecchino, Dottor Balanzone, Giandua and Capitan Spaventa. The children enjoy learning about them and singing their songs. Interested Grade 3 and 4 students audition for an opportunity to wear an authentic costume and play the part of these characters during the opening and closing ceremonies. In French classes, students are learning about le Carnaval de Québec and the beloved mascot Bonhomme. This famous Canadian winter carnival takes place in Quebec City in February.

This year, our 12th annual Carnevale will take place on March 1st.

DID YOU KNOW??

Your odds of finding a four-leaf clover are about 1 in 10,000.



Prairie Winds 4-H Learn to Cook Italian Style

There were some young Italian chefs in the making on Saturday, January 26th as the members of the Prairie Winds 4-H Club participated in an authentic pizza and pasta making workshop at Granary Road. Upon arrival, the young chefs donned their club aprons and gathered together to hear the plan for the morning and to learn a little bit about the types of pizza and pasta they would be making. Then, the sixteen youth divided into two groups, one staying at the pizza station and the other moving to the pasta station. During the pasta workshop, everyone learned how to press the dough using both a professional and home pasta roller, were taught how to check the moisture level of the dough by feel, and were able to cut and roll tortellini and other filled pasta to take home after the workshop. While they were learning about pasta, the other group was busy in the pizza workshop. They formed pizza dough balls to take home to rise and cook, learned how to press the dough, so it was ready for toppings, and other tips that would ensure pizza success. After a few trials and errors, the members each created their pizza and cooked it in the wood burning pizza oven for a delicious lunch. The groups then switched places so that each one had the opportunity for a hands-on workshop in both stations. The workshop truly was a “learn to do by doing” experience as the instructors were very encouraging, informative and patient with our group.

Next up is the social committee starting to plan for their next event and a glass fusion workshop for all members in March!

Jackie Donner - Prairie Winds 4-H Club Member Parent
prairiewinds4H@shaw.ca



1st Brownies Make “Sit-Upon” Stylish AND Functional

Long gone are the days of weaving together newspaper and placing them in a grocery bag to sit on while out camping. “Sit-Upons” are used throughout Guiding as a camping comfort to keep bottoms dry when sitting around the campfire or when out in the backwoods.

While making and using “Sit-Upons” is still a cherished rite of passage in Guiding, the 1st Brownie Unit of the Wichewakn District in Hawkwood, took the task to a more “functional and stylish” level.

Thanks to the generous donation of large utility buckets, the Brownies were able to decorate and jazz-up the outsides and then they glued a comfy piece of foam on the lids and VOILA, they had not only a high-off-the-ground-comfy “Sit Upon” but one that doubles as a large carrier to help keep essential camping items clean and dry!

The Brownies are one step closer to having everything they need for their first camping trip of the year. NEXT? Planning on all the fun activities and good eats for the trip. See you in the Woods!!!

If you have been considering getting your daughter involved in Girl Guides but you are not sure what it is all about or where to start, contact me.

Laurie Lin - District Commissioner Wichewakn District,
Girl Guides of Canada, wichewakn@hotmail.com



HCA's Spring Math Club

Our fall/winter Math Club went so well, we are starting another club in the spring. If you have a child who loves math (or you wish they loved math), then this is club for you! Starting Saturday March 9th, Spring Math Club is meant to help students in grades 5 and 6 refine basic mathematical skills in order to prepare them for junior high and high school. Taught by five exceptional grade 11 students (3 per class), the aim of the club is to make math fun, teaching concepts through games and pictures rather than lecturing. There will be breaks, with snacks and drinks, ensuring kids will stay focused during lessons. The Spring Session will run for 11 weeks, covering the entire curriculum in that time. Math should be fun and enjoyable; students learn much better when they have a passion for the subject. Spring Math Club will help your child find that passion.

What: Spring Math Club for Grades 5 and 6

Who: Kids in grade 5 or 6 that did not participate in our first Math Club

When: Saturday mornings from 10-11:30 AM

March 9 and 16

April 6, 13, 27

May 4, 11, 25

June 1, 8, 15

Where: Ranchlands Community Centre (7713

Ranchview Dr NW)

Note: April 6 and 13 will be held at the Crowfoot Library

Cost: \$50

To Register: email programs@hawkwoodca.com

Topics Covered:

Grade 5:

First Unit: Operations with numbers

Second Unit: Geometry

Third Unit: Applied Mathematics

Grade 6

First Unit: Advanced operations with numbers

Second Unit: Graphs

Third Unit: Geometry

Fourth Unit: PreAlgebra and Course Review

HCA's Trivia Night

The 80's

Friday March 15th, 7-10 pm

We had so much fun last time, we are doing it again! Please join us for the 2nd Hawkwood Community Association Trivia Night, and this time we have a theme – 80's Trivia!

What: HCA's Trivia Night - The 80's

When: Friday March 15th , 7-10 PM

Where: Uplands Recreation Centre (20 Hawkside Road NW)

Who: Everyone Welcome! (though recommended for 18+)

Cost: \$12.50 HCA members / \$15 for non-members (includes snacks)

Grab your spouse, partner, and friends, brush up on your 80's facts and join us for a fun night of trivia. Make up your own teams of 1-4, though we highly recommend teams of 4. If you would like to come but don't have a team, let us know and we will hook you up!

There will be prizes, snacks, beverages for sale (beer, wine and non-alcoholic) and, of course, lots of laughs.

Doors open at 7 PM, trivia starts at 7:30 PM. No cellphones please!

Get your tickets by going to: <https://www.showpass.com/hca-trivia-night-the-80s/> Or email us at programs@hawkwoodca.com

HCA members and invited guests only

Getting Hawkwood Community Info

When You Want It, How you Want it

Did you know that in addition to the Hawk Eye there are a number of other ways you can keep up-to-date with all the happenings in Hawkwood?

Website: Check out the latest at www.hawkwoodca.com

Facebook: Like or follow our Facebook page <https://www.facebook.com/Hawkwood-Community-Association-1592475421020917/>

Email: Not big on Facebook? Rather receive an email about upcoming events? Then email us at programs@hawkwood.ca and we will email you the information.

I'm Voting for Kids (Part 3)!

Following up our fast facts about the economic impact of investing in early childhood, this month we'll be highlighting the rippling effects that every citizen's physical and mental health have on the whole of society. Use this information to start a conversation with candidates and representatives you encounter to help figure out where the best checkbox for your vote is!



Did You Know?

- A child who suffers from 3 or more Adverse Childhood Experiences (ACEs) is more likely to suffer from physical and mental health issues, including pulmonary, heart and liver disease, depression and substance abuse
- Healthy brain development and executive function skills are necessary for positive and level mental health, school readiness and academic success, workplace productivity, and civic participation
- Only 13% of 3- to 4-year-olds in Canada get enough daily exercise. Physical activity improves cognition, brain function and mental health

Ask candidates and representatives what their parties' plans are to address and improve mental health amongst children and their primary caregivers, and check out more facts (and their sources) at <http://www.2000days.ca/an-integrated-approach-to-early-childhood-development/>

The Calgary NW ECD Coalitions consist of three coalitions who have joined forces with parents, community members, organizations and professionals, who are all working together to better the lives of young children and their families. We are always looking for interested parties to join our coalitions.

If you are passionate about children and their future, and would like more information about the Calgary NW ECD Coalitions, or if you have any questions, please email us at: nwecdcoalitions@gmail.com.

Calgary NW Early Childhood Coalitions

Hawkwood/Citadel Scouts News

The cold weather hasn't stopped the Hawkwood/Citadel Scouts from having fun this winter!

The Beavers tested out their aim at the OC Archery in Airdrie. Rumor has it that the Leaders and parents had more fun than the Youth!! The Cubs had an amazing experience at the University of Calgary, learning how to code. The Cubs also spent an evening looking at the stars and learning about astronomy with Bria, a local astronomer. The Scouts and Venturers braved the elements and had a fantastic weekend building quinzhees at Rampart Creek (near the Columbia Icefields) and spending the night in them. Mother Nature was kind that weekend and rewarded the Youth with sunny weather and pleasantly warm temperatures.

Please visit our Facebook page for more pictures of the Hawkwood Citadel Scouts in action.

Danielle Kiss - Hawkwood/Citadel Scouts

