



Arbour Lake REFLECTIONS



**Seeking Snow
Angels**

**Planning and
Development News**

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ARBOUR LAKE COMMUNITY ASSOCIATION

P.O. Box 68006 Crowfoot RPO
Calgary, AB T3G 3N8
(403) 455-2520

www.arbourlakecommunity.com

<https://www.instagram.com/arbourlakeca/>

<https://twitter.com/arbourlakeCA>

<https://www.facebook.com/arbourlakeca/>

Executive

President Shelley Winch Vice President Leesa Edington
Treasurer Vidya Perai Secretary & Communication..... Leah Beamish

Directors

Sports Director Vacant
Planning and Development Ray Wilkinson
Director at Large Lynne Walker
Director at Large Mike Walker
Director at Large Virginia Rayner

Other Community Contacts

Newsletter Editor: newsletter@arbourlakecommunity.com Maria Martin
Scouts: arbourlakescouts.ca ArbourLakeScouts@gmail.com
Girl Guides: calgarygirlguides.com
Arbour Lake Community Choir: Karen 403-275-9845
Community Resource Officer: Cst. Jason Snyder 403-651-6731

Sports

Soccer

Arbour Lake Soccer www.soccertech.ca/arbourlake
Blizzards: Alan Rickwood gmbizzardsoccer@yahoo.ca
Calgary West: Rose Simard-Bachand info@calgarywestsoccer.ca

Baseball

North West Little League www.nwll.ca
Baseball Calgary registrar@baseballcalgary.com

Basketball

Steve Flesch 403-861-8532

Rugby

Calgary Saracens website: calgarysaracens.com

Skating

Crowfoot Skating registrar@crowfootskating.com

Elected Officials

MLA Calgary-Hawkwood: Michael Connolly 403-216-5444
Councillor: Joe Magliocca 403-268-3280
Pat Kelly, MP Calgary Rocky Ridge 403-282-7980

The Arbour Lake Community Association (ALCA) publishes information that has been provided to us by community members and other organizations.

The ALCA does not accept responsibility for the accuracy or the potential liability for information passed onto the community as the information is provided with the condition and expectation that all persons using the information will use their own due diligence and discretion.

The next issue of Arbour Lake Reflections is January 2019
Submission deadline November 30, 2018

Please submit articles to the ALCA at:
newsletter@arbourlakecommunity.com



In Our Community

ALCA Board Report

Hello Neighbours!

Winter seems to have arrived. Hopefully all of you able-bodied people who like to shovel snow have registered as Arbour Lake Snow Angels through the ALCA website. Now our Snow Angels are ready to take on those who request assistance through the Contact Us form on our website, www.arbourlakecommunity.com.

Some of you may be wondering what is going on with the Hopewell development along Arbour Lake Rd. Although demolition of the buildings has occurred, the final decision by the City on the development has been delayed until the new year. We still have our survey open to hear your views of the development. These views will also be relevant as Landstar proceeds with their proposed development at 800-838 Crowfoot Crescent NW. You can find out more about these developments through the ALCA website, Planning and Development page.

We've added a couple of new pages to the ALCA website:

- Community Corner where we can post appropriate information/pictures provided by community members
- Volunteers where you can find out how to volunteer and about volunteer opportunities.

Is there other information you'd like to access through on this website? Let us know through the Contact Us form. You don't have to be a member but your voluntary membership fee will be put to good use in your community. From now until the end of February, your 2019 membership can be purchased for the discounted price of \$20 through the Membership page, found under About the ALCA.

Shelley Winch – ALCA President



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www.SuburbanJournals.ca

Did you know...

Arbour Lake Community Association Membership Is Not Automatic

The Arbour Lake Community Association and Arbour Lake Residents Associations are two completely separate organizations. The Arbour Lake Community Association or ALCA:

- Does not receive any funding from lake fees. Community Association membership is not automatic with your lake fees. You need to purchase a CA membership separately. We rely 100% on donations and membership fees for funding.
- We do not have private access to the hall.
- We cannot be contacted through the lake office.

The purpose of the ALCA is to increase community spirit and pride, and to address neighbourhood concerns outside of the lake borders.

The ALCA organizes and supports the following community projects:

- RAC Soccer Program and Summer BBQ
- Community Choir
- Annual Parade of Garage Sales and *Boot Sale *new*
- Spring *PLOG (Community Clean-Up) *new*
- Adult Fitness Park and Little Free Library
- Community Garden Project (has a sub-committee working with The City of Calgary)
- Adult Socials - look for these in 2019! *new*

The ALCA is Arbour Lake's official liaison with:

- The Ward 2 Councilor's Office and other governments (traffic, parks, and pathways)
- New developments happening in Arbour Lake
- Calgary Police and Fire (Crime Trends and Prevention)

We do not own display signs, and renting them is costly. Therefore, our main forms of outbound communication are:

- Facebook: <https://www.facebook.com/arbourlake.ca/>
Please follow us to read the latest!
- Website: www.arbourlakecommunity.com
- This publication: Arbour Lake Reflections

Want to attend a meeting? Use the Contact Us form on our website and we'll let you know when the next meeting will be. All are welcome to check it out!

Arbour Lake Scouts News

Arbour Lake Scouts continue to have a fun and successful year. The Scouts just returned from a Camp with several other groups. There were 65 youth at the event! Our Scouts made new friends, enjoyed cooking all their own meals, and are looking forward to their next camp.

On behalf of all our members, leaders, and group committee, we would like to take this opportunity to thank the community of Arbour Lake for your continued support and to wish you all a Merry Christmas and a happy and safe holiday season!



Snow Angels Sign-Up

We have 4 Snow Angel Volunteers for 2018/19 as of November 1, 2018.

If you require a Snow Angel, please use the "Contact Us" Form on the website ArbourLakeCommunity.com and provide your:

- Name
- Phone number
- Home Address
- Email
- A note that you require a Snow Angel

As previously advertised, we started taking registrations on November 5, 2018. Due to the limited number of volunteers we may not be able to meet every request by the time this newsletter is published.

If you are still willing to be a Snow Angel, please contact us!



Planning and Development News

City of Calgary: Development Permit Applications

Development Permit: **20 Crowfoot CR NW**
Description: **Change of Use: Cannabis Store**
File Number: **DP2018-1714**
Applicant: **Cornish, Kevin**
Submitted: **April 24, 2018**
Status: **Under Review**

Development Permit: **35 Crowfoot WY NW**
Description: **Change of Use: Cannabis Store**
File Number: **DP2018-1833**
Applicant: **Calgary Co-Op Cannabis Crowfoot**
Submitted: **April 24, 2018**
Status: **Under Review**

Redesignation: **650 Crowfoot CR NW**
Proposed: **Commercial - Community 2 District**
File Number: **LOC2018-0182**
Applicant: **Tarjan Group Architects & Interior Designers; For Trail Appliances**
Submitted: **August 14, 2018**
Status: **Hearing Scheduled**

Redesignation: **800 Crowfoot CR NW**
Proposed: **Mixed Use - General District**
File Number: **LOC20180245**
Applicant: **Quantumplace Developments**
Submitted **November 6, 2018**
Status: **Submitted**

Development Permit: **72 Arbour Crest DR NW**
Temporary Use: **Home Occupation - Class 2 (Massage Therapy)**
File Number: **DP2018-505**
Applicant: **Young Jai Kim**
Submitted: **October 25, 2018**
Status: **Under Review**

Development: **Arbour Lake Development (Formerly: Hawkwood Farm)**
Outline Plan & Redesignation: **8321 85 ST NW**
Proposed: **Multi-Residential - Contextual Grade-Oriented District**
File Number: **LOC2017-0160**
Applicant: **B&A Planning Group**
Submitted: **May 31, 2017**
Status: **Under Review**

Development Permit: **27 Arbour Ridge HT NW**
Description: Addition: **Single Detached Dwelling**

File Number: **DP2018-4149**
Applicant: **Blue Flower Sunrooms**
Submitted: **August 30, 2018**
Status: **Under Review**

Development Permit: **32 Arbour Glen CL NW**
Description: **Home Occupation**
File Number: **DP2018-5292**
Applicant: **Jennifer Ganes**
Submitted: **November 9, 2018**
Status: **Submitted**

Development Permit: **60 Crowfoot CR NW**
Description: **Changes to Site Plan: Retail Store**
File Number: **DP2018-2353**
Applicant: **Bossi Construction**
Submitted: **May 16, 2018**
Status: **In Advertising**

Hopewell Arbour Lake Development (Formerly Hawkwood Farm) Hawkwood Farms Description

What is this application about?

This combined outline plan and land use redesignation application proposes an outline for the future subdivision and development of 17.0 hectares (42 acres) of land in the community of Arbour Lake. This application anticipates the future development of:

- 149 dwelling units within low density housing forms such as single detached dwellings (R-G)
- 155 dwelling units within grade oriented multi-residential housing forms such as rowhouses and townhouse buildings (M-CGd45)
- 586 dwelling units within multi-residential housing forms such as apartment buildings up to 16 metres in height (M-C2f2.5d70)
- and 1.63 hectares of new public park space connected to the existing neighbourhood by a pedestrian pathway (S-SPR).

The application is being reviewed against the applicable policies of the Municipal Development Plan.
<https://engage.calgary.ca/arburlake>



Best Picks for [Active] Indoor Play!

Winter hits hard in Calgary and there come days when we simply cannot go outside safely. When those days come, think Active Indoor Play! Active Play is any sort of physical movement that gets our children (babies too!) “huffing and puffing”. Activities like these increase our kids’ heart and breathing rates, which increase their energy and improve their health. Canadian physicians recommend a mix of adult-organized and free play activities, split between 2-3 hours a day for toddlers and preschoolers. Children shouldn’t be inactive for more than an hour at a time! Short bursts throughout the day (20 minutes) are just as effective as one extended activity.

- **ANIMAL ALPHABET:** Choose an animal for each letter and move like they do! Crunch like a Caterpillar, Dig like a Dingo...
- **SCREEN SAVER:** We know how hard it can be to limit screen time and it keeps our kids stationary for too long. The solution? Re-enact what’s happening on the tube! Flip around with the little mermaid... stomp with the dinosaurs... race like Lightning McQueen.
- **TUMMY TIME:** Babies need exercise too! Tummy Time can be tricky, so try different kinds of tummy time; put your baby on YOUR tummy, so they can see your face and feel your breathing. Babies also love baby faces — put them on a mirror so they can see their own!

If you would like more information about the Calgary NW ECD Coalitions, please email us at: nwecdcoalitions@gmail.com.



A Chance To Name An Artwork Near You

A new, site-inspired public artwork is up on the hill east of the YMCA at Rocky Ridge. The artists, Laura Haddad and Tom Drugan of Haddad | Drugan, would love to consider your ideas for a title.

The artwork consists of two iconic sculptures about 14 metres high and 10 metres long, which are mirror images of each other. An open matrix of welded stainless steel tubes set on large stainless steel columns suggests a structure both strong and light. The finish on the tubes reflects and absorbs light in different ways and some tubes will have acrylic prisms to break the sunlight into spectrums of iridescent colour.

As people move around or between the sculptures, the two forms will appear to combine into a whole and then separate, depending on the viewing angle.

The title should draw on the artists’ inspiration for the artwork: mythical creatures, bison and elk, the movement of birds and flocks of birds, and the curves of Chinook clouds.

When the artists received input from the community as they were developing their concept, people asked for the artwork to be located outdoors, reflect the natural environment at the Rocky Ridge site, embrace the striking views and take advantage of the sunlight.

To name the artwork:

- Email your suggestion to The City of Calgary at publicart@calgary.ca with the subject line “Rocky Ridge naming contest” before March 1, 2019.
- If you want to qualify for one of five gift cards to the YMCA, include your name and snail mail address.
- Maximum of five suggestions per person, please.

The new name of the art will be announced in the Spring of 2019.

The personal information collected is obtained under the authority of Section 33(c) of the Freedom of Information and Protection of Privacy Act (Alberta). The information will be used only for the purpose of the Rocky Ridge Artwork naming contest (currently known as Ascend). If you have questions regarding the collection and use of this information, please contact public art at 403-476-4304.

Compost Your Real Christmas Tree

- Cut your tree into smaller pieces to put into your green cart. Make sure the lid can close.
- If your green cart is full, tie extra branches (no more than four feet long) together with a natural fibre string or place them in paper yard waste bags. Set tied branches or yard waste bags at least one foot from the side of your green cart.
- You can also bring your Christmas tree to a tree drop-off from December 26 to January 31.

Auburn Bay Off-Leash Area

52nd St and Auburn Bay Dr S.E.

Bottomlands Park

St. George's Drive N.E. (soccer field parking lot)

Bowness

7937 43 Ave N.W. (next to community recycling depot)

Braeside Park

256 Brookpark Drive S.W.

Confederation Park

905 30 Ave N.W. (east parking lot)

Huntington Hills Athletic Park

7920 4th St. at Huntstrom Dr. N.E.

IKEA

8000 11 Street S.E. (northwest corner of parking lot behind store)

Marda Loop Communities Association

3130 16th Street S.W.

North Glenmore Park

6615 37 Street S.W. (Weaselhead parking lot)

Park 96

14660 Parkland Blvd S.E.

Pop Davies/ Ogden Athletic Park

Ogden Rd & Millican Rd SE

Prairie Winds Park

Westwinds Crescent N.E. and Castleridge Blvd N.E. (north parking lot)

Sacramento Parks Depot

10400 Sacramento Drive S.W.

How to prepare your tree

- Remove all lights, ornaments, tinsel, string and tree stands.
- Do not wrap or bag your tree.

For landfill hours and program information, please visit calgary.ca/christmastree.

Christmas pictures! Send us the festive pictures that make you smile

Arbour Lake Reflections would like you to share your Christmas photos and memories with us.

Send us a photo of yourself or family enjoying a special Christmas celebration or perhaps a visit with Santa Claus, and we'll share them with the community either in an upcoming edition of the newsletter or on our website at www.arbourlakecommunity.com

Also, if you have an especially interesting Christmas story or tradition, please drop us a line, too. We would love to hear it!

Both photos and memories can be sent to us by email at newsletter@arbourlakecommunity.com



Facts About December

- The birthstone for the month of December is the turquoise.
- There are two zodiac signs for December: Sagittarius (November 22 – December 21) and Capricorn (December 22 – January 19).
- The narcissus is the birth flower for December.
- December is named for the Latin term for ten. In the Roman calendar, December was the tenth month until the addition of January and February at the beginning of the year.
- Kwanzaa is celebrated on December 26 - January 1 every year.
- On December 17, 1903, the Wright Brothers made their first flight.

Cold Weather Safety

Emergency Medical Services (EMS) paramedics respond to a number of cold weather-related emergencies every winter. However, taking appropriate measures to dress properly, anticipate sudden weather changes, and preparing to be out in the cold, may reduce your risk of sustaining a cold weather illness/injury. It is also advised that you store an emergency kit in your vehicle at all times containing extra clothing, blankets, and other road-side supplies.

Frostnip

- Frost-nipped skin is extremely cold, but not yet frozen skin.
- It commonly affects the ears, nose, cheeks, fingers and toes.
- The skin may look red and possibly feel numb to the touch.
- When treated promptly, frostnip usually heals without complication.
- Move to a warm environment and immediately, but gently, re-warm the affected area through skin to skin contact (i.e., hand covering tips of ears).

Frostbite

- Frostbite occurs when skin becomes so cold, the skin and underlying tissues freeze.
- Affected skin may look white and waxy and will feel hard to the touch.
- Move to a warm environment immediately and place the affected area in warm, not hot, water, until fully re-warmed.
- Call 9-1-1, or seek further medical attention as required.

Hypothermia

- Hypothermia is abnormally low body temperature, less than 34°C (as compared to normal body temperature of about 37°C).
- Early hypothermia may manifest as profound shivering; moderate hypothermic patients may act inappropriately: stumbling, mumbling, and fumbling, as their body temperature continues to drop resulting in severe hypothermia (<30°C).
- Left untreated, severe hypothermia may progress to unconsciousness or death.
- Early recognition and prompt medical attention is key. Call 9-1-1. Do not forget to protect yourself from the factors that originally lead to the patient's situation.



- Initiate gentle re-warming as quickly as possible. Remove any wet or constrictive clothing; cover with blankets, or sleeping bags. Protect from further heat loss: eliminate contact with cold surfaces, and shield from wind and moisture.

Alberta Health Services

Important Phone Numbers

Access Mental Health Line	403-943-1500
Bullying Help Line	1-888-456-2323
Calgary Transit	403-262-1000
Child Abuse Hot Line	1-800-387-5437
City of Calgary Service Information	311
Community Information	211
Connect Family & Sexual Abuse Network	403-237-5888
Distress Centre	403-266-4357
Family Violence Information Line	403-310-1818
Gas leak (ATCO)	403-245-7222
Health Link	811
Kids Help Phone	1-800-668-6868
Poison and Drug Information	1-800-332-1414
Police Emergency Line	911
Police Non-Emergency Line	403-266-1234
Power Trouble (ENMAX)	403-514-6100
Service Alberta (Provincial)	403-310-0000
Service Canada (Federal)	1-800-622-6232



ALCA Membership 2019

From now until the end of February, your 2019 membership can be purchased for the discounted price of \$20

The Arbour Lake Community Association (ALCA) is a non-profit organization governed by a group of volunteer residents committed to representing the people in our community. We are your representative voice to the city in civic affairs such as planning and development, we create, promote and facilitate recreational and educational activities and work to address social welfare issues. We want to create a sense of belonging by bringing people together under common goals and generally help to enrich the lives of our community.

Where are your membership funds used? Some examples are community playgrounds and a fitness park, the spring soccer program, our annual community garage sale, a keyboard for our community choir, the monthly Reflections newsletter, insurance and much more. Your contribution enables the ALCA to fund a variety of worthwhile projects and programs that enrich community life.

It is important to know that the ALCA is a separate entity from the Residents Association (ALRA) and we do not receive any of the annual homeowner's fees. Membership is voluntary and costs \$25 per year.

Annually, the 20,000 community association volunteers contribute 2.4 million hours of public service, which has an equivalent monetary value of over \$28 million – excerpt from the Federation of Calgary Communities website.



2019 Membership

P.O. Box 68006 Crowfoot RPO
Calgary, AB T3G 3N8
(403) 455-2520
Email info@arbourslakecommunity.com
www.arbourslakecommunity.com

Support your Arbour Lake Community Association by purchasing your membership. Membership is voluntary and costs \$25 per year.

How to purchase?

Online at www.arbourslakecommunity.com

By Mail with payment and completed form. Please make cheque payable to *Arbour Lake Community Association* and mail to: Arbour Lake Community PO Box 68006, Calgary, AB, T3G 3N8.

- Yes, I want to volunteer for the Arbour Lake Community Association and be a part of making Arbour Lake a great place to live, work and play.
- I Consent to Receive Emails from the ALCA.

Name (First & Last) REQUIRED
Address REQUIRED
Email REQUIRED
Phone REQUIRED

Arbour Lake Community Association is a non-profit organization. We will not use your information for any commercial activity.