

FEBRUARY 2012

# THE KINCORA View

**EVENTS IN  
AND AROUND  
CALGARY**

**KINCORA/SHERWOOD  
LAND USE CHANGE**

**Happy  
Valentine's Day!**

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THE  
**KINCORA  
View**

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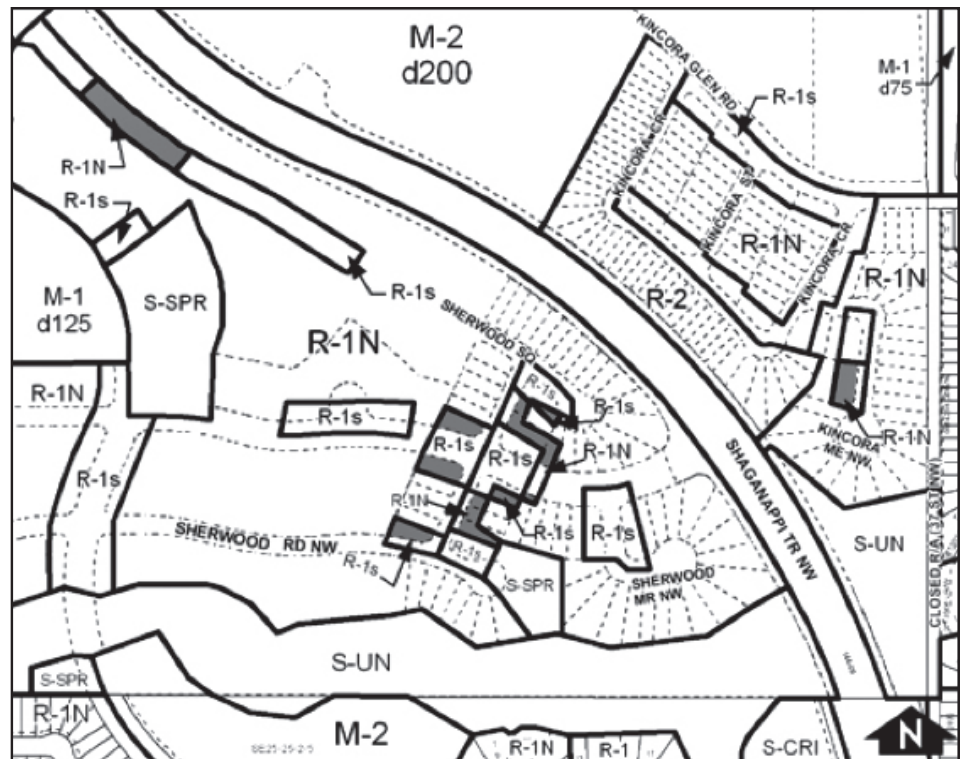
# In Our Community

## Kincora/Sherwood Land Use Change

There was an application to change the land use designations for future residential development at 12413-37 St. NW. The purpose was to eliminate the split land uses of R-1s and R-1N on the undeveloped parcels and to designate the applicable corner lots to R-1s. The dual land use on single-detached parcels may have confused future homeowners. A portion of land

was added, in order to correct an error in the City of Calgary Land Use Map. The change is in keeping with the 2008 Sherwood/Kincora Outline Plan and Land Use Approval. The Calgary Planning Commission, in November, unanimously recommended City Council support the change at their January 9th Public Hearing.

*Anne Burke*



### February Twilight



I stood beside a hill  
Smooth with new-laid snow,  
A single star looked out  
From the cold evening glow.  
There was no other creature

That saw what I could see—  
I stood and watched the  
evening star  
As long as it watched me.

*Sara Teasdale*

## In Our Community

### Hawkwood School Council News

**Kindergarten registration** for the 2012/13 School year started Monday January 16 and is on-going. Registration takes place at the school, contact the office for details. 403-777-6410. Hawkwood School is the perfect place to send your child because we have it all! We have a great building, excellent teachers, music and phys ed specialists, and a strong program for kids with special educational needs!

**Family Dance:** Hawkwood School's most exciting event and fundraiser, the family dance, will be held on Thursday, February 23 in the gym. This year's theme of Monopoly promises to be a fun-filled evening with games, dancing and treats!

**New this year a 50-50 draw!** If your business or company would like to support Hawkwood School with a donation to the dance, we would gladly recognise your contribution within the school and our community. We would love to hear from you! Please contact Heather at hawkwoodsc@gmail.com

**Parent Information Session:** Our first Parent Information Session of 2012 will be February 8 at 6:30 in the library. Our topic this month is the "21st Century Learner". Come on out to discover how our children learn these days and how it differs from when we were students. To help those

who would like to come to our Information Sessions but have child care issues, Hawkwood School Council will now be providing babysitting in the school during the meeting! If you know a potential babysitter who has their babysitting certificate and would be interested in this Council opportunity, contact us at hawkwoodsc@gmail.com

Those who would like to take advantage of the babysitting must RSVP to HawkwoodSC@gmail.com with the number of children at least 48 hours before the meeting.

**Coming Soon!** In June of 2012, Hawkwood School will be opening its Time Capsule! Stay tuned for details!

#### Dates to Remember

- On-Going:** Kindergarten Registration  
**Feb. 8:** Parent Information Session, 6:30 in the library  
**Feb. 10:** Extreme Pita Fun Lunch  
**Feb. 16 & 17:** Teacher's Convention (no school)  
**Feb. 20:** Family Day (no school)  
**Feb. 23:** Family Dance  
**Feb. 24:** Panago Fun Lunch

Questions about Hawkwood School Council?

Contact us at HawkwoodSC@gmail.com or "Like" us on Facebook at [www.facebook.com/hawkwoodschoolcouncil](http://www.facebook.com/hawkwoodschoolcouncil)

## In Our City

### Country Hills Library

#### *Programs for Adults*

- **Introduction to Social Media:** Feb. 6, 10:30 a.m. – 12:00 p.m.
- **Digital Detox Day; Decorative Painting–Faux Finishing:** Feb. 19, 2:00 p.m. – 4:00 p.m.

#### *Programs for Kids*

- **Story Pals:** Thu. Feb. 16 – Mar. 22, 6:30 p.m. – 7:30 p.m. Ages 6 – 12.
- **Love You Forever:** Feb. 14, 2:15 p.m. – 2:45 p.m. Ages 2 – 5 with a parent/caregiver.
- **Snowballs and Snowmen:** Feb. 9, 10:15 a.m. – 10:35 a.m. Ages 2 – 3 with a parent/caregiver

Visit [www.calgarypubliclibrary.com](http://www.calgarypubliclibrary.com) for more information on these programs. Registration is required for all programs unless otherwise noted.

### Queried in 2011?

Zeitgeist sorted billions of Google searches to capture the year's fastest-rising global queries:

1. Rebecca Black—the 13-year-old's music video goes viral.
2. Google+—Google's entry into social networking amassed more than 10 million users.
3. Ryan Dunn—known for daredevil stunts, lost his life in a car accident.
4. Casey Anthony—the Florida mother charged with murder of her 2-year-old daughter was found not guilty.
5. Battlefield 3—the shooter video game sold 5 million copies in its first week.

**"Far away there in the sunshine are my highest aspirations. I may not reach them but I can look up and see their beauty, believe in them, and try to follow them."**

*Louisa May Alcott*

## In Our City

### Calgary Connection

**The Strengths in ADHD research study** is recruiting children 8-11 years with or without ADHD to learn more about the strengths and supportive influences that can promote academic, social, and emotional success among these children. 1-2 visits to the University of Calgary. Free parking and refreshments, a \$25 gift certificate and a special toy! For info, contact 403-210-6726 or [adhdkids@ucalgary.ca](mailto:adhdkids@ucalgary.ca) or visit [www.ucalgary.ca/adhdkids](http://www.ucalgary.ca/adhdkids).

**Escorted Transportation Seeking Drivers:** Calgary Seniors' Resource Society is looking for volunteer drivers to help seniors get to medical appointments. We provide Calgary seniors (65+, who may be frail, unable to access public transportation and

who cannot afford taxi service) a safe and reliable volunteer transportation option. Please contact 403-266-6200 or [volunteer@calgaryseniors.org](mailto:volunteer@calgaryseniors.org). Visit us online at [www.calgaryseniors.org](http://www.calgaryseniors.org).

**Pit Bulls for Life Dog Rescue:** Save a life, adopt a rescue! All dogs are 100% human non-aggressive as they are pre-tested before they enter our system. For dates and locations of our adoption days at Petsmart, please check out our News and Events on our website [www.pitbullsforlife.com](http://www.pitbullsforlife.com).

**The Calgary International Children's Festival** is looking for volunteers aged 14+ from May 22-26. Visit [www.calgarychildfest.org](http://www.calgarychildfest.org) under 'Volunteer Opportunities' for positions.

### Keep it Loose in Your Blue Cart

Calgarians are taking many steps to increase recycling and it's working. Recycling is up dramatically – more than 70 per cent since the Blue Cart program began in 2009. The City recycles close to 70,000 tonnes of recyclable materials every year – which means less material is going to landfills.

Another way you can keep our recycling up is by remembering to keep your recyclables loose and separate in the blue cart, not packed together in a garbage bag. Only shredded paper and plastic bags should be placed in a clear plastic bag and tied.

Items in your blue cart and community recycling depots go to a recycling sorting facility in Calgary where they are separated both by hand and with modern equipment. Every minute, nearly

100 meters worth of recyclables pass by workers on the sorting lines. At this speed, workers cannot tell whether a garbage bag is filled with recyclables or garbage. If they open a bag filled with garbage or other harmful materials, it could injure them or contaminate all of the other recyclables on the sorting line. For their safety, garbage bags are not opened and go directly to the landfill.

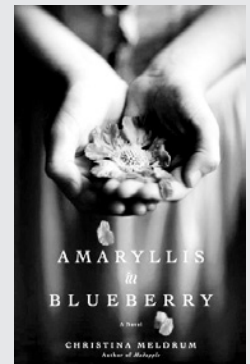
Make the most of your recycling and please remember to empty your clean, loose recyclables into your blue cart when putting it out for collection. If we all do our part we can protect the environment and help Calgary achieve our goal of 80 per cent diversion by 2020.

*The City of Calgary Waste & Recycling Services*

### “Love Is Not What I Thought”

*Amaryllis in Blueberry* (Gallery Books) is a beautiful, haunting book by novelist Christina Meldrum. The book explores what love is or isn't from the perspective of Dick, Seena and the four daughters in the Slepys family.

The characters each face the truth about themselves and their realities as they try to define what love is in their lives. “The truth is the truth is the truth, whether



it makes sense to you or not,” says one of the daughters. When the family goes to West Africa, they come to a crossroads in their relationships—and in their personal discoveries. Africa proves to be a harsh teacher.

This is a complex book that evokes Greek mythology and African rituals against a backdrop of Catholic religion and North American “family values.”

The book club discussion notes and the interview with the author at the end of the novel provide useful insights. Well worth reading.

*Jean Andrews*

### Book of the Month

# In Our City

## Events In and Around Calgary

Tickets, admission or registration may be required for events. Event details are believed correct as of press time but may change at any time.

**n00b:** Feb. 3 – 4 & Feb. 10 – 11, Vertigo Mystery Theatre. A play inspired by a tragic true story. A n00b is an inexperienced or unskilled player in video games. [www.vertigotheatre.com](http://www.vertigotheatre.com)

**Bliss Wedding Fair Extraordinaire:** Feb. 5, Carriage House Inn. Showcasing Calgary's hottest hidden talents and bringing a fresh and modern twist to the table. [www.blissweddingfair.ca](http://www.blissweddingfair.ca)

**Calgary Boat & Sportsmen's Show:** Feb. 9 – Feb. 12, BMO Centre. Outdoor enthusiasts will find all the latest boats, fishing gear, accessories and outdoor products at this event. [www.calgaryboatandsportshow.ca](http://www.calgaryboatandsportshow.ca)

**Alberta Dance Festival:** Feb. 9 – 11, 16 – 18 & 23 – 25, Dancers' Studio West Theatre. A three week festival showcasing contemporary dance works by Alberta choreographers. [www.dswlive.ca](http://www.dswlive.ca)

**Great Northern Concrete Toboggan Race:** Feb. 11, Canada Olympic Park. A celebration of innovations and engineering spirit, bringing together some of the most talented and enthusiastic members of the engineering community. [www.winsportcanada.ca](http://www.winsportcanada.ca)

**The Harlem Globetrotters:** Feb 15, Scotiabank Saddledome. Watch the entertaining Harlem Globetrotters. [www.harlemglobetrotters.com](http://www.harlemglobetrotters.com)

**Calgary's World of Wheels:** Feb. 17 – 19, BMO Centre. Features all types

of cars, trucks, motorcycles and related products and accessories. Special guest appearances are featured and TV celebrities will be in attendance. [www.autorama.com](http://www.autorama.com)

**Reel Fun Film Festival:** Feb. 20 – 26, Eau Claire Theatres. 7 days of international family films showcasing award winning feature presentations, thought provoking documentaries and animated films that will engage children of all ages. [www.reelfunfilmfest.com](http://www.reelfunfilmfest.com)

**Calgary Mid-Winter Blues Festival:** Feb. 20 – 25, various venues. A week long festival showcasing the blues by way of workshops, jams, dances and concerts. Beat the winter blahs by enjoying the blues! [www.calgarybluesfest.com](http://www.calgarybluesfest.com)

**Calgary Home & Garden Show:** Feb. 23 – 26, BMO Centre. Find inspiration and solutions for home improvement projects and discover the coolest new home and garden products. [www.calgaryhgs.com](http://www.calgaryhgs.com)

**Winefest:** Feb. 24 – 25, Stampede Park. Features hundreds of international wines, port, champagne, and dessert wines from the world's most celebrated wine regions. [www.celebratewinefest.com](http://www.celebratewinefest.com)

**Back Cast Fly Fishing Film Festival:** Feb. 25, Mount Royal University. To benefit Western Sky Land Trust and their Bow and Beyond Initiative which aims to conserve watershed lands

along the nationally significant stretch of the Bow from Calgary to Siksika. [www.westernskylandtrust.ca](http://www.westernskylandtrust.ca)

**Spruce Meadows February Classic:** Feb. 25 – 26, Spruce Meadows. Watch as some of the best riders compete in show jumping tournaments. [www.sprucemeadows.com](http://www.sprucemeadows.com)

**Annual \$100 Film Festival:** Mar. 1 – 3, Plaza Theatre. A 3-day event which screens short films by local, national and international filmmakers. [www.100dollarfilmfestival.org](http://www.100dollarfilmfestival.org)

## A Sampling of Concerts

- **Matt Anderson:** Feb. 3, Banff Centre—Eric Harvie
- **Herman's Hermits:** Feb. 4, Century Casino
- **Benny Benassi & Sander Van Doorn:** Feb. 10, Big Four Building
- **Chicago:** Feb. 14, Jack Singer Concert Hall
- **Hedley:** Feb. 16, Enmax Centre
- **Deep Purple:** Feb. 19, Southern Alberta Jubilee
- **Linda Tillery & Cultural Heritage Choir:** Feb. 19, Banff Centre
- **Jann Arden with Guests:** Feb. 23, Southern Alberta Jubilee
- **The Stampeders:** Feb. 25, Deerfoot Inn & Casino
- **Eric Burdon & the Animals:** Mar. 3, Deerfoot Inn & Casino
- **Puscifer:** Mar. 11, Southern Alberta Jubilee
- **Lady Antebellum:** Mar. 16, Scotiabank Saddledome
- **April Wine:** Apr. 7, Deerfoot Inn & Casino



## In Our City

### Snow and Ice Safety

- Property owners are responsible for clearing all snow and ice from adjacent sidewalks within 24 hours of the snow being deposited.
- Remember that snow from a public sidewalk can be put onto the road or boulevard, but snow from private property cannot.
- All sidewalks must be cleared down to the bare concrete.
- With the freeze and thaw that can come from Calgary's chinooks, ice can form quickly.
- For hard to remove ice, take a container to a fire hall or Roads depot for a sand and salt mixture.
- Keep extension cords and other obstructions off the sidewalk.
- Help to ensure everyone's safety this winter.



*Animal & Bylaw Services*

### New Cat Room

The Animal Services Centre is now home to a spacious new communal cat room! The purpose of this bright new expansion is to help promote healthy living by providing an enriching living environment for some of our longer term residents.

Besides the obvious advantages to our adoptable cats of increased exercise, comfort and social interaction, potential adopters benefit from seeing the cats interact with each other. Cats are much more able to showcase their true personalities and temperaments in this spacious environment. Potential adopters have a much better idea of how a pet might adjust to his new home after adoption. The communal cat room also allows for more natural meetings between adopters and potential new feline friends.

The room can house up to seven cats at one time. It includes a gorgeous, big tree for climbing and hiding in, couches and chairs for lounging on and even a TV that's programmed with captivating programs about birds and fish!

If you would like to see the adoptable cats in action in the new communal cat room, stop by the Animal Services Centre at 2201 Portland Street S.E. Hours of operation are Monday – Friday, 10:00 a.m. to 7:00 p.m. and Saturday – Sunday, 10:00 a.m. to 4:00 p.m.

*Animal & Bylaw Services*



### February Is Heart Month

Do you know the signs and symptoms of a heart attack and what to do if someone experiences these? Knowing can make the difference between life and death.

Recognizing and responding immediately to the warning signs of a potential heart attack can significantly improve survival and recovery. February is Heart Month - take the time to be heart safe and learn how you can reduce your risk.

**Know the signs of a heart attack**  
(Any or all of these signs & symptoms may occur)

- Chest pain described as crushing, squeezing, pressure or chest heaviness;
- Pain that moves beyond the chest such as shoulder, arm, neck or jaw pain;
- Shortness of breath, sweating or nausea and vomiting.

**What to do when seconds count**

- Call 9-1-1 immediately. Early treatment can greatly reduce heart damage and make the difference of life and death.

- Treatment starts the moment EMS arrives. Paramedics can provide oxygen, start an intravenous and perform an electrocardiogram (ECG).
- Paramedics can also administer important medications in the early minutes of a heart attack to lessen heart damage.
- During transport, EMS will also share information with the hospital so definitive treatment can begin immediately on arrival.
- Take a CPR/AED (automated external defibrillator) course. Training is widely available from many reputable organizations. It's easy, inexpensive, and only takes a few hours.

**Reduce your risk**

- Heart attack risk factors include:
- Obesity
- Sedentary lifestyle
- Smoking
- High cholesterol
- Age / Gender
- Family history

Speak with your doctor about how to treat your modifiable risk factors and learn to be heart safe.

*Alberta Health Services*